

# parklands

THE MAGAZINE OF CENTENNIAL PARKLANDS

Partnerships come in  
all shapes and sizes

---

Equine Influenza

---

*Friends* program  
revitalised

FRIENDS OF  
CENTENNIAL  
PARKLANDS

  
CENTENNIAL  
parklands  
*is living Sydney*

# Directions



Welcome to the summer issue of *Parklands* magazine.

It may surprise you to learn that over 1,500 people are employed across Centennial Parklands at certain times of the year (including staff and contractors of the Centennial Park and Moore Park Trust and the many businesses across Trust lands). In

addition to this, there are many volunteers, *Friends of Centennial Parklands* and visitor program providers that make a great contribution. Read about many of the quiet achievers that help to make these Parklands a great public resource (see page 6).

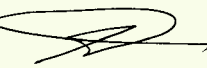
A key priority of the Trust over the last few months has been securing and maintaining strict quarantine conditions at the Centennial Parklands Equestrian Centre. Turn to page 4 to read about the impacts of Equine Influenza on Centennial Parklands and the many opportunities you have to enjoy now that the Equestrian Centre is back in business.

The results of the recent Parklands magazine readers survey have been analysed. You told us that you continue to enjoy the magazine's content and layout,

however were seeking more in-depth information about environmental aspects of the Parklands. For more results see our story on page 5.

Finally, the vibrant artwork that features on the cover is the new look of the *Friends of Centennial Parklands* program. The *Friends* program is a great way to get the most out of your Parklands. Not only will you receive a range of discounts and benefits, but every dollar of your membership goes towards the work of the Centennial Parklands Foundation (see page 10).

Enjoy summer.



Steve Corbett  
Director and Chief Executive  
Centennial Parklands

## OUR PEOPLE OUR PLACES OUR PARTNERS OUR POTENTIAL



*Parklands* magazine is published quarterly by the Centennial Park and Moore Park Trust: Locked Bag 15, Paddington NSW 2021

Centennial Parklands is managed by the Centennial Park and Moore Park Trust.

Trustees:

Professor John Niland AC (Chairman)	
Justice Annabelle Bennett AO	David Leckie
Yvette Pietsch	Allan Young
John Walker	Sarah Whyte
Dr Margaret Varady AO	

The Centennial Park and Moore Park Trust acknowledges the Cadigal as the traditional custodians of the land that is now known as Centennial Parklands.

Editor: Rachel Maiden  
rachel.maiden@cp.nsw.gov.au

Contributors: John Gintowt, Trevor Waller

Photography: Chris Gleisner

# Contents

Parkbench	3
Equine Influenza	4
Reader Survey feedback	5
Summer events line-up	5
Feature: Partnerships come in all shapes and sizes	6
Twitcher's Corner: Great Egret	8
A Walk in the Park with Patricia Meagher	8
Plant of the Season: Oriental Lily	9
Business profile: Horses are back	9
<i>Friends of Centennial Parklands</i>	10
Foundation	11
Visitor Information	12

Cover: The creative new look for the *Friends of Centennial Parklands* program





## Parkbench

### Lights, Camera, Action

The Australian Film, Television and Radio School (AFTRS), a statutory Commonwealth organisation, finalised a deal in 2006-2007 with Entertainment Quarter lessee Colonial First State Property Management to relocate from its current premises at North Ryde to a purpose built building within the Entertainment Quarter at Moore Park. The Centennial Park and Moore Park Trust has approved the proposal recognising that it is of state and national significance.

'The Trust is pleased to support this exciting initiative. The relocation of the distinguished AFTRS to Moore Park is an ideal complement to the existing facilities within the entertainment precinct,' said Steve Corbett, Director and Chief Executive of Centennial Parklands. The refurbishment should be ready for student enrolment in early 2008.

### Queens Park - a new play experience



Playground design

Work is underway to revitalise the Queens Park playground. Design plans have been approved and contractors are being sought to work on the project. It has been 14 years since the last make-over, but now, with the help of designer Fiona Robbé, the playspace will offer a diversity of choice and play options for children.

The design incorporates equipment based and non-equipment based play to enrich play experiences in a natural setting. It will have a "creek" theme—an historical allusion to Queens Park's swamp origins. Work will commence in February 2008.

### Five unsafe trees removed from Grand Drive

In October 2007 five Port Jackson Fig trees were removed from Grand Drive, opposite Federation Pavilion. Sadly, these trees were identified in the Tree Master Plan as having reached the end of their safe useful life expectancy due to the effects of drought, old age and urban impacts. This is part of a staged program of gradual tree replacement that will occur over the next few years.

'Replacing trees at the rate required to maintain a healthy tree population is an expensive undertaking,' said Steve Corbett, Director and Chief Executive of Centennial Parklands.



The removal of trees is a stark reminder of the need to support the work of the Centennial Parklands Foundation

The Centennial Parklands Foundation is working hard to raise funds for the Tree Replacement Program and you can get involved. For more information on the latest appeal see page 11.

### Over \$4 million raised for charity



Ride for Life fundraising cycle

dollars—a figure the Trust is very proud of.

Many of these events were sports-related such as the Ride for Life fundraising cycle, the Juvenile Diabetes Research Foundation's Walk to Cure and the JPMorgan Chase Corporate Challenge. The Sydney Children's Hospital Foundation Gold Dinner, held at Kippax Lake, was a resounding fundraising success. The Parklands was also the venue for the Somersault event, providing a series of circus-style shows for sick and disadvantaged children.

Centennial Parklands' lush space and backdrop is very appealing to event organisers. For the benefit of the community, the Trust ensures its venues are available for fundraising and charity events throughout the year. In the 2006-07 financial year the charity events held in Centennial Parklands raised over \$4 million

### Traffic changes for Moonlight Cinema

Moonlight Cinema will commence its three month season on Thursday 6 December at the Belvedere Amphitheatre. During this time Carrington Drive will become a one-way flow from 5.30 pm each day the cinema is open. The road will be blocked off to incoming traffic at its western end (closest to Paddington Gates). If you are driving to the cinema please enter from the Woollahra Gates where you will be directed to parallel parking along Carrington Drive.

These changes will better manage traffic associated with the event as well as providing a safe footpath along Carrington Drive for cinema patrons. At all other times Carrington Drive will operate as a two-way road.



## Equine Influenza: How we met the challenge

25 August 2007 was the day the highly contagious Equine Influenza (EI) was found to have struck the Centennial Parklands Equestrian Centre (CPEC). The disease hit Sydney and it spread quickly throughout the state and parts of Queensland.

Two horses stabled at CPEC were initially identified as carriers of the virus, which soon swept across the whole Centre resulting in 152 horses having to be quarantined within five days.

EI is a disease easily spread from horse to horse. Symptoms included high temperatures (up to 40.8 degrees with shivering and sweating), a barking cough, going off feed and stiff muscles.

'As with humans, the older horses seemed to suffer worst. We have several horses that are in their twenties and they really battled to get better. Two had to be rushed to Randwick Equine Centre—one had to undergo colic surgery and the other had to be on a drip for four days— but both are on the mend now,' said Dee Vodden, Equestrian Centre Manager.

Behind closed gates, staff and owners worked around the clock to care for the horses and control further spread of the virus. Extreme hygiene measures had to be implemented due to the contagious nature of the disease—there was strict biosecurity for people entering and leaving the property and absolutely no horse or vehicle movements were permitted.

CPEC was shut down for six weeks.

On Friday 5 October, test results carried out on all the horses in quarantine confirmed the end of a tense period. The news brought sighs of relief and saw horses slowly moving back to Centennial Park for daily exercise.



Centre Manager Dee Vodden (right) with Adrian Knobel (Department of Primary Industries, second from right) Dr Keith Hart (Veterinarian from Rural Lands Protection Board, third from right) and veterinary science students

Said Dee: 'Most horses are being ridden again, but are on very light duties due to the respiratory damage the virus has caused. Their return to the Park was incident free and brought many smiles among park users with cyclists actually cheering and shouting "good to see you back"! The horses themselves were just happy to be able to stretch their legs and have a bite of grass!'

Now begins the challenge of restoring business as quickly as possible. This will be a step-by-step confidence-building process that will need the support of visitors, CPEC clients and customers.

Even though horses are on light duties, businesses have started alternative horse-care programs. Riding school clients can brush up on their horse/stable management skills and practice other

techniques such as the flatwork riding.

The Trust and the CPEC management team would like to extend their thanks and congratulations to all those impacted by the EI for their hard work and patience. A special thanks is extended to the Centre's private clients and business owners for their understanding and perseverance during this difficult time.

The work of the staff from the Department of Primary Industries, who ensured that biosecurity measures were effectively communicated and implemented, was also very much appreciated.

**To find out what is on offer at CPEC see our business feature on page 9.**

## Free Community Day at CPEC

Join us for a free Community Day at the Centennial Parklands Equestrian Centre (CPEC), featuring free horse rides. The event will be held on Sunday 9 December 2007 from 10.00 am to 2.00 pm and

provides the opportunity to see the Centre and enjoy a free horse ride. Bookings are essential. Please phone (02) 9339 6699 to secure a ride.

The Community Day is just one of a number of initiatives the Trust will

undertake to promote the Equestrian Centre as part of a \$50,000 grant provided by the Minister for Sport and Recreation, the Hon. Graham West MP, following the Equine Influenza outbreak.

# Park News

we met the challenge

## Excellent feedback for *Parklands* magazine

The presentation and style of *Parklands* magazine was rated good to excellent by 86% of readers, in the recent Reader Survey which was inserted in the winter edition of the magazine.

The magazine is one of the primary communication tools for the Centennial Park and Moore Park Trust and is produced on a quarterly basis. The Trust appointed an independent research agency, Taverner Research, to conduct the reader survey and compare the results with the last survey conducted in 2003.

'One of the key objectives of the research was to measure overall reader satisfaction and we were delighted and encouraged by the survey results which indicate that four in five readers are extremely satisfied or satisfied with the magazine,' said Steve Corbett, Director and Chief Executive of the Trust.

The feature article is the item of most interest to readers, followed by Park News, Plant of the Season and Twitcher's Corner. These will continue to be integral features of the magazine.

The survey also asked readers to identify areas where the magazine could be improved and some respondents said they would value more information on volunteering and fundraising programs. The Trust fully supports this and to that end, page 11 of the magazine has been redesigned to carry a volunteering column and enhanced space for the Foundation to promote its fundraising initiatives. *Friends of Centennial Parklands* now also has a new page (page 10).

The survey addressed the issue of advertising in the magazine as a way of reducing production costs. Respondents expressed interest only in advertising related to the Trust's businesses, products and services.

Thank you to everyone who took part in the Reader Survey. We hope you like the changes that the survey has inspired. Such regular feedback helps ensure that the Trust continues to communicate high quality, relevant and timely information to users of the Parklands.



The Reader Survey appeared in the winter edition of *Parklands* magazine

## Summer line-up

Enjoy a variety of events this summer in the Parklands. For more information visit [www.centennialparklands.com.au/whatson](http://www.centennialparklands.com.au/whatson) or call (02) 9339 6699 to receive a copy of our What's On brochure.

### Summer Gay Day

Saturday 1 December 2007

This new small gay and lesbian music festival will ring in the start of summer at Kippax Lake. Visit [www.summergayday.com.au](http://www.summergayday.com.au)

### Moonlight Cinema

6 December 2007 – 9 March 2008

We welcome the return of this extremely popular outdoor cinema experience. Please note the cinema will not open on Mondays or the following dates: 25 December, 31 December 2007, 1 January, 16 February or 24 February 2008. Visit [www.moonlight.com.au](http://www.moonlight.com.au)

### Polo in the City

Saturday 8 December 2007

Returning for a repeat equestrian match, *Polo in the City* takes place at Mission Fields. Enjoy the prestige and glamour of the modern game of polo. Visit [www.polointhecity.com.au](http://www.polointhecity.com.au)

### The EQ Christmas Markets

Every day from Wednesday 12 December until Christmas Eve 2007

Get into the Christmas spirit at the Entertainment Quarter Christmas Markets. An assortment of specialty markets with homewares, kids toys, Christmas trees and fine foods all on offer. Visit [www.eqmoorepark.com.au](http://www.eqmoorepark.com.au)

### The Cat Empire Show

Saturday 2 February

An outdoor twilight concert featuring The Cat Empire, The Beautiful Girls, dancers and special guests. This is an all ages event, families welcome. Visit [www.thecatempire.com](http://www.thecatempire.com)

### Good Vibrations Festival

Saturday 16 February 2008

This popular multi-stage festival returns to the heart of Centennial Park with headline acts Kanye West & Cypress Hill. Visit [www.goodvibrationsfestival.com.au](http://www.goodvibrationsfestival.com.au)

# Partnerships come in all shapes and sizes

It is not just the picturesque groves and grand English design that make Centennial Parklands such a special place. It is our wonderful cast of partners—volunteers, businesses, interest groups and individual supporters—that help give Sydney's great green oasis its warm and beguiling human face.

*Personalities in the Parklands contribute greatly to our dynamic landscape.*

How much poorer would the Parklands be without the likes of Lothar the Frogman? Lothar has been coming here at least once a season for the past five years helping make people more aware of these cute creatures and the risk of extinction facing many important amphibian species. Lothar says people from as far afield as the NSW Central Coast and Blue Mountains are among the 5,000 to 10,000 adults and children who have visited his Frog Mobile in the Parklands.

Let's hear it, too, for these great regular partners, listed in no particular order and representative of many others who for space reasons cannot be included in this article:

- *Parklands'* magazine's twitcher Trevor Waller, who runs birdwatcher breakfasts once each season in different parts of the Parklands. After four years, Trevor is an established and valued part of our visitor program.
- Photographer Chris Gleisner, who uses the Parklands to teach simple techniques in photography of birds, animals and landscapes.
- Retired Sydney Water heritage officer Jon Breen who provides historical tours of Busby's Bore and takes his visitors on walks through Centennial Parklands, tracking the flow of the

tunnels. One of Busby's original shafts is within the Fox Professional Studios site, to which public access is very limited. But once each season, under an agreement struck between Centennial Parklands and Fox Professional Studios, as a condition of the original development, Jon is allowed to take a small group to view the historic shaft—a rare chance to see the face of convict Sydney.

### Partnerships: Volunteering

To find out more about becoming a volunteer email Centennial Parklands' volunteer coordinator Lyn Walker, who will send out more details: [volunteers@centennialparklands.com.au](mailto:volunteers@centennialparklands.com.au) Or you can telephone Lyn on Thursdays on (02) 9339 6641.

- At the Equestrian Centre, Marion Good and her horse Rocky, Judy Marchant and Claire and Shelley Bourke and Cazana all regularly help with the My Little Ponies program, letting the children pat their horses, showing them where the horses are cared for and providing horse models for the drawing classes.

*Many dedicated Parklands partners work together in special interest groups.*

The Eastern Suburbs Dog Club makes an important and valued contribution to the Parklands environment, teaching good canine behaviour and responsible dog ownership—a great benefit to other Park users. The club has been active in the Parklands for 40 years and operates every Sunday at Musgrave Avenue. Club secretary Mary Fletcher says: 'People and dogs like the social aspects of it. We

welcome and encourage people to join.'

Bush regeneration volunteers are a dedicated and much-prized group. For three years they have had a regular monthly attendance of about 14 participants—a vibrant mix of people with science and environmental backgrounds plus enthusiastic Park users.

Ryde TAFE students studying Aborigiculture have been pruning the Pine Forest each semester for the past 22 years. Their work is a benefit to both the Parklands and the students, who learn a variety of safe techniques for climbing trees, cutting and rigging as well as aerial rescues. The Pine Forest is kept highly maintained and in great condition thanks to the work of these students.

The Parklands would be poorer without the regular involvement of pupils from schools in the surrounding area. For example, this year 100 local students from Bourke Street Public School and Sydney Girls High School helped plant 2,000 trees and grasses at Mt Steel, Moore Park on National Tree Day. The planting day is developing into a popular annual event and is coordinated by the Centennial Parklands Foundation.

Twenty students from nearby Ascham School at Edgecliff were among several groups that made valuable contributions in this year's Clean Up Australia Day, tidying up areas near Paddington Gates, Paperbark Grove and Sandstone Ridge. This was a real win-win relationship and the Parklands is looking to involve other schools in these Parklands' community events.





### Partnerships: Bequests

There is no time limit to the impact a partner can make on the Parklands. A number of Sydney people have formulated bequests to support future environmental and/or educational projects in the Parklands. One notable gift was the Platt family's donation of a major collection of works by local artist Austin Platt (1912-2003), many of which enhanced this spring's exhibition in the Visitor Centre. For a confidential discussion about possibilities contact Joanna Cuthbert (02) 9339 6699.

The business sector is also forging a range of mutually beneficial partnerships with the Parklands. Corporate volunteer programs can be designed that are satisfying, rewarding and educational for all involved, and which demonstrate a company's commitment to sustainable performance—the concept of measuring true organisational success by economic, environmental and social yardsticks.

Several corporate groups have carried out planting, weeding and rubbish removal in the Parklands. For example, four volunteers from Rabobank Australia—working closely with the Parklands' horticultural team—planted native seedlings around the Fly Casting Pond. Westpac's Business and Consumer Banking team, as part of their annual community day, assisted with wetland rehabilitation in the Parklands.

Shortly we will have a group of about 40 people coming from the National Centre for HIV Epidemiology and Clinical Research at the University of NSW. They will exchange the laboratory for the open air to do planting and weeding around Willow Pond.

Valued corporate partners also provide the Parklands with direct in-kind support that boosts the impact of management initiatives and programs.

Advertising agency Vitamin X provided invaluable *pro bono* assistance to the Foundation in 2006-07. Its "lungs of the city" campaign to promote the Foundation's Transplant Appeal was short-listed for an award at the annual Australian Direct Marketing Association Awards presentation.

The Foundation has also been fortunate to receive generous *pro bono* support from MJW Advertising, worth over \$17,000, in the strategic development of the new *Friends of Centennial Parklands* campaign.

Often unsung Parklands partners are the members of the emergency services. The Trust's staff has an excellent relationship with the NSW Fire, Police and Ambulance services. The fire brigades often use the ponds to test pumping mechanisms in preparation for the next big bushfire or urban emergency, or just to practice drills. Superintendent of Police Eddy Bosch is a regular visitor, and chairs the cycling liaison committee. And of course the mounted police regularly practice their drills in the Park. They are a spectacular sight for casual observers.

The team of volunteers at WIRES (Wildlife Information Rescue and Education Service) help our Parklands staff with the rescue of orphaned and injured animals.

Last but not least, because their great ongoing contribution is so widely recognised and applauded, are those tireless and dedicated Parklands partners: the members of the Foundation, and the members of the *Friends of Centennial Parklands* program.

Regular readers of *Parklands* will be familiar with the Foundation: an entity independent from management but dedicated to developing a network of supporters capable of funding vital educational and environmental projects within the Parklands precinct.

The ongoing commitment from the *Friends of Centennial Parklands* has been a feature since its inception.

This solid base of engaged supporters has helped the Foundation and the Trust throughout the year, with both financial and volunteer support.

### Partnerships: Commercial

Among all our highly valued commercial partners are the licensees who provide year-round sustenance and refreshment to our visitors. Husband and wife team Robert and Janet Carafa have operated Centennial Park's popular mobile food van since the early 1980s. Trippas White Catering, the new licensee of Centennial Parklands Restaurant, is doing a great job out of the temporary Parade Grounds Café, pending refurbishment of the restaurant.

Another popular commercial licensee is Centennial Parklands Cycle Hire, where manager Chris Fromberger stocks a range of different bikes for all ages and cycling competencies.

Also in high demand are the 11 tennis courts in Parklands Sports Centre, which has operated at Moore Park for 12 years and the Moore Park Tennis Courts located off Cleveland Street.

Sydney is one of only a few cities in the world that combines a beautiful park with a world-class equestrian centre—the operating base for many important equestrian businesses.

Through our ongoing partnership with the Moore Park Golf Club and operator of the Trust's course, Belgravia Leisure, Moore Park Golf has become one of Sydney's most popular public access golf courses.

## Twitcher's Corner

### Great Egret

By Trevor Waller



Great Egret

The Great Egret is the largest and tallest of the egrets found in Australia. It is a snowy white bird with a very long and slender neck and long black legs.

For most of the time the bill is yellow but during the breeding season it becomes black and the skin around

the base of the bill turns green. At this time it also develops fine wispy plumes that hang off its back and reach down below the tail. The bill has fine serrated gripping edges for holding onto slippery active prey. The long neck can be held out stiff and straight when the bird is hunting for food, or kinked into an s-shape.

It moves slowly while hunting and often stands motionless with its neck poised to strike. Fish, amphibians, reptiles, insects and other invertebrates make up its diet. Having such long legs helps when wading in a lake or river.

It flies with deep, slow wingbeats and holds its neck folded back with its legs trailing out well behind the tail. Its call is generally made up of harsh croaks. The main habitats for the bird are freshwater wetlands, dams, rivers, tidal mudflats, flooded pastures and irrigation areas.

The breeding season in Southern Australia is from October to December. They nest in colonies with herons, ibis and spoonbills. The nest is a large rough, shallow platform of sticks placed in the fork of a tree standing in water. The nest is usually high in the tree and open to the sky for easy access. They lay two to five eggs which both sexes incubate for about a month. The young leave the nest after about two months.

Look for Great Egrets in the ponds of the Parklands where they might be poised to strike.

**Trevor Waller is a bird enthusiast with more than ten years behind the binoculars. He is a member of various bird watching clubs in Sydney, including Birds Australia, and conducts the Parklands Birdwatcher's Breakfasts each season. The next Birdwatcher's Breakfast will be held on Sunday 10 February 2008. For details please visit [www.centennialparklands.com.au/whatson](http://www.centennialparklands.com.au/whatson)**

## A Walk in the Park

### with Patricia Meagher



Patricia Meagher

Horticultural Scientist Patricia Meagher is the personification of what it means to "be involved". Patricia was a founding member of the *Friends of Centennial Parklands* program and was a member of Centennial Parklands' Community Consultative Committee from 1998 to 2002. During this time she was involved in the formation of the Bushland

Management Group and the establishment of the Volunteer program. Now she is a volunteer herself with the Parklands' bush regeneration group. She has a dedicated Morton Bay Fig along Anzac Parade.

#### Earliest memories of the Parklands?

Even though as a child I didn't live in Sydney, both my parents had family here and we visited at least once a year. My grandparents used to enjoy taking us on outings to their wonderful big park, their piece of country in the city.

#### Who would you most like to take for a walk in the Parklands?

My dog Jessie, a Border Collie that died earlier this year, truly revelled in her time in Centennial Park. We always met people on the way, making lots of great friendships.

#### Favourite nook?

It's difficult to single out one! I've spent a lot of enjoyable time with my dog in the areas outside Grand Drive. I do love the wilder parts of the Parklands. They always provide an element of surprise.

#### What do you think the Parklands will be like in 100 years?

Hopefully still growing and changing, yet retaining the charm of a natural oasis in the city. The challenge for both management and the Foundation will be to raise funds to manage the Parklands while retaining the natural and formal unbuilt areas of the Parklands.

#### Favourite plant?

Being a horticulturalist it's cruel to ask for a favourite plant – they all are! I really love the big old trees and long grassed areas which are wonderful places for catching glimpses of, and thrilling to the sounds of, such an array of bird life.

#### On volunteering:

It's been a great joy to see the extent of the Eastern Suburbs Banksia Scrub recovery. I would encourage anyone to get involved in projects and communities that matter to you. The rewards are great—on both a personal and professional level.



# Plant of the Season

## Oriental lily

The Oriental lily, also known as *Lilium* Oriental hybrids, is a summer flowering herbaceous bulb developed from crossing East Asian species to increase flower size and produce a greater colour range.

The plant carries several flowers on the one stem with flower shapes varying from bowl-shaped, trumpet, flat-faced and recurved types.

Petal colours range from white, pink, apricot, plum and yellow hues. The petal shading is lighter on the edge and darkens towards the petal's mid-rib with spotting in its centre. The six prominent anthers contain pollen known to stain and are often removed when the lily is cut for floral displays.

The plant's shiny green leaves are arranged in a spiral. After flowering during summer, the plant dies and remains dormant until spring.

The bulbs, which comprise of overlapping fleshy sections or scales, store starch to fuel next year's bloom and to reproduce more bulbs. Bulbs are best planted at a depth of 10 centimetres below ground level, positioned in full sun with good draining loam soil with a neutral to acid soil pH. Of course in these drought conditions mulching will always assist in reducing evaporation as well as providing a cool root zone by minimising fluctuating temperatures underground.

Mass planting Oriental lilies can achieve a dramatic visual impact. If planted as groups in front of other mixed shrubbery this will provide good wind protection and add seasonal colour to the overall display.



*The Oriental lily stargazer*

Left undisturbed the lily will multiply naturally over the years. With the support of the whole group, they can also provide baseline support for top-heavy plants in the display.

### Where can they be seen?

The cultivar pictured is known as Stargazer and will reach its flowering peak in January in the Column Garden, located in Parkes Drive, Centennial Park.

# Back on the track and back to business

## Business Profile

For the first time in its history, horses were absent from Centennial Parklands for nearly 50 days in 2007 due to Equine Influenza (see full report on page 4). It was a tough time for the businesses operating in the Centennial Parklands Equestrian Centre, many of which are small family-owned operations.

However with quarantine orders now lifted and horses well on the road to full recovery, the businesses are moving forward and looking to attract more patrons.

If you have never seen Centennial Park from horse back, summer is a great time to enjoy it. No experience is necessary and the Centre's five riding schools offer Park rides from as little as \$60.

The Centre has extensive facilities for learning, including open-air and covered arenas, and jumping grounds. 'Each of the riding schools have a full range of horses, ponies and instructors to cater for different ages, abilities and specialisations,' says Dee Vodden, Manager of the Equestrian Centre.

School holidays are a great time for children who love horses. There are many horse riding camps and creative programs on offer. This summer children can learn to draw horses in a Kids Art class or participate in the immensely popular My Little



*Horses make a welcome return to the Park*

Ponies. Plus there is casual weekend pony rides (no bookings required) that operate from near the Centennial Parklands Café.

The Centre also offers stabling for privately owned horses. Stabled horses enjoy use of first class comprehensive horse care, exercise and training facilities. Owners can also enjoy the benefits of the active members club which runs jumping and dressage training competitions, clinics and social events throughout the year.

For more information about the Equestrian Centre, please visit [www.cpequestrian.com.au](http://www.cpequestrian.com.au) or contact (02) 9332 2809. The Centre's riding schools and contact details are listed on the website and on the back page of *Parklands* magazine.

## FRIENDS OF CENTENNIAL PARKLANDS

### New and revitalised *Friends of Centennial Parklands*

The *Friends of Centennial Parklands* program has been relaunched and revitalised. Fashioning a new look and feel and offering a new range of great discounts and exclusive benefits for you and your family, the opportunity to become a *Friend* is just too good to miss!

From just \$55 a year, you can enjoy savings on a range of Park activities and social events, while at the same time knowing that you are contributing to maintaining the beauty of the Parklands for generations to come.

To celebrate the new *Friends* program, if you join before 31 December 2007 you will receive a gift voucher from Absolute Photography valued at \$150 plus \$100 off your first set of prints. For more information on the new *Friends* program, please visit [www.friends.net.au](http://www.friends.net.au)

'Becoming a *Friend* is more than just benefits and discounts,' said Joanna Cuthbert, Acting Development Manager of the Centennial Parklands Foundation. 'Every dollar from your *Friends* membership goes directly to the work of the Foundation, which in turn funds a range of environmental and educational projects, approved by the Centennial Park and Moore Park Trust, across the Parklands.'

MJW Advertising is the agency behind the exciting new look of *Friends*. They created the brand new logo and will assist in the ongoing development of the vibrant *Friends* communications campaign.

### Hot tips from PRAMfit



The team from PRAMfit

PRAMfit is a new partner in the *Friends of Centennial Parklands* program. When you join *Friends* you will receive a special "two for the price of one" offer to participate in PRAMfit's health and fitness classes. Here's PRAMfit's hot five tips that will get you fit and healthy for summer without too much stress!

- Make the most of your time. When in the car, washing dishes or walking around try to use your core muscles by drawing navel to spine and tightening lower abdominals like a belt.
- Make brisk walking a habit. This is exercise you can do while pushing the pram. Try part of the walk at a lightly breathless level, this will put you in a cardio zone. Good for the heart and lungs.
- Play active games instead of watching TV, such as ball play with the kids and dog.
- Take up an activity that you can do with your child. Swimming is great, or take them out on their bikes while you walk beside.
- Dance to music. It makes you and your child feel good and it's fun and active!

PRAMfit provides family health and fitness programs that incorporating child care – a perfect solution for mums who want to get back into shape but struggle to find time out for themselves.

These exercises are provided as general advice. Consult your health professional if you have any concerns or are restarting exercise.

### *Healthy Parks Healthy People*

### The World's Greatest Pram Stroll

As the early morning mist lifted from the Parade Grounds of Centennial Park on Sunday 28 October, 124 registered participants lined up for the start of the inaugural World's Greatest Pram Stroll.

The stroll was a free community event under the *Healthy Parks Healthy People* program that aimed at helping raise awareness of the many challenges that arise after childbirth, including social isolation and postnatal depression. The event's ambassador, Ms Jessica Rowe, joined the



Pram strollers pass by Federation Pavilion

Minister for Sport and Recreation, the Hon. Graham West MP, to cut the ribbon and set the gathered mums, dads and kids on their four kilometre course through Centennial Park.

Following the stroll, a range of sponsors and supporters of the event held exhibitions and demonstrations adjacent to the Parade Grounds Café. A speaker's tent offered a range of talks from Sydney For Kids, Tresillian Family Care Centres, the Australian Breastfeeding Association and guest author Jane Hansen.

The Trust would like to thank the generous support of My Child Magazine ([www.mychildmagazine.com.au](http://www.mychildmagazine.com.au)), the National Parks and Wildlife Service ([www.nationalparks.nsw.gov.au](http://www.nationalparks.nsw.gov.au)), Pegasus Print Group ([www.pegasusprintgroup.com.au](http://www.pegasusprintgroup.com.au)) and the People and Parks Foundation ([www.peopleandparks.org](http://www.peopleandparks.org)) in helping to bring this event to Sydney for the first time.

#### [www.healthyparkshealthypeople.com](http://www.healthyparkshealthypeople.com)

Healthy Parks Healthy People is an initiative of the Sydney Parks Group and includes the Botanic Gardens Trust; Centennial Parklands; Department of Planning; Department of Environment & Conservation - Parks & Wildlife; Parramatta Park Trust; Sydney Harbour Federation Trust; and Sydney Olympic Park Authority. Supported by

University of Technology, Sydney and the University of Western Sydney.

## Vital \$1 million appeal launched



*Grand Drive's historic tree corridor*

The Foundation has launched a new appeal to raise funds to replace the ailing trees that line Grand Drive and the Robertson Road entry avenue, and plant an additional ring of trees inside Grand Drive. The target is at least \$1 million over the next two years.

The Robertson Road entry was originally conceived as the main entrance to Centennial Park—a grand avenue lined by six rows of mature figs, oaks and pines. However, 10 diseased trees from this avenue need to be urgently removed. With the money raised from this appeal, they will be replaced with Port Jackson Figs and Holm Oaks to maintain the sense of arrival that visitors feel when they pass through the gates.

Many of the trees that line Grand Drive are in various stages of old age and decay and need to be replaced. By replanting in the nineteenth century landscape tradition, these historic tree corridors will continue to be enjoyed by future generations.

In addition, the Foundation's appeal will enable the planting of a new inner ring of trees inside Grand Drive to enhance the existing Victorian-era plantings.

To donate to this appeal contact the Foundation on (02) 9339 6633 or visit [www.centennialparklands.com.au/appeal](http://www.centennialparklands.com.au/appeal)

## I'm dreaming of a green Christmas

This Christmas consider giving a gift that keeps on giving, or in these cases growing. The Foundation has a range of gift ideas sure to suit even the most difficult person on your list!

- **Sponsor an animal.** A great way to learn about how to protect animals and their habitat in the Parklands. Sponsor one of our native animals and you will receive an information pack including a certificate, fact sheet and a complimentary Parklands activity.
- **Dedicate a tree.** Sometimes a tree can say it all: Celebration. I love you. We miss you. A wonderful and thoughtful gift that lasts a lifetime and beyond.
- **Bench dedications.** Benches are available for dedication in the Rose and Column Gardens. An ideal gift for the person who loves to sit, listen and reflect.
- **Friends membership.** A revitalised program with exciting new discounts and benefits. Perfect for young families, young adults and the young at heart.

For more information or to purchase one of these special gifts, please visit [www.centennialparklands.com.au](http://www.centennialparklands.com.au) or contact the Foundation on (02) 9339 6699.

## New benefactors

The Foundation is grateful to the following individuals and groups that have donated to the Tree Transplant Appeal:

The Sheldrick family	Mr John Plummer
Randwick City Council	The Estate of Ms Merril Armstrong
Ms Emily Sarkadi	Mrs Judy Lee
Dr & Mrs Holt	Mrs Helen Brudenell-Woods

## Volunteers

### Rabobank Australia

On 26 September four wonderful volunteers from Rabobank Australia assisted the Parklands horticultural staff in planting 500 native seedlings at Fly Casting Pond. It is anticipated the plantings will grow to provide a habitat for wildlife and add to the visual amenity of this popular area.



*Volunteers from Rabobank*

## Federation Walking Track

The Sydney Coastal Councils' Group and the Walking Volunteers project have established the Walking Coastal Sydney Project to extend the existing walking network currently in place around the North Shore and the Harbour. A new route called the Federation Track will run from Rushcutters Bay to Waverley Cemetery and will pass through Centennial and Queens Parks.

The Walking Volunteers will install and maintain an internationally recognisable marker system on the Federation Track route already used on the NSW coastal and harbour walks network. The Federation Track provides an excellent opportunity to promote the national significance of Centennial Parklands.

## Nursery Growing Group

The Nursery Growing Group was launched on 16 October with a special morning tea for all Centennial Parklands' dedicated volunteers. The volunteers were invited to inspect the propagation facility and tour the harvest sites. Interested volunteers then attended a special introductory lesson at the Nursery on collecting propagation species from the Column Garden and how to propagate soft tip cuttings.

If you are interested in joining this small but dedicated group please email the Volunteer Coordinator, Lyn Walker on [volunteers@centennialparklands.com.au](mailto:volunteers@centennialparklands.com.au)




# Visitor Information

Please refer to the map insert for locations.

## HOW TO GET HERE

5 km from the Sydney CBD. Easily accessible by bus, train, car, bike or on foot.

 Regular buses from Circular Quay, Central Stn, Bondi Jn Stn and surrounding suburbs. Trains to Central and Bondi Jn, both a 30-40 minute walk to the Parklands. [www.131500.info](http://www.131500.info)

 Cycle lanes along Darley Rd, Alison Rd, Anzac Pde, South Dowling St, Cleveland St and Federation Way.

## CAR FREE DAYS

Last Sunday of every season (February, May, August and November).

**Next day: 24 February 2008**

## CENTENNIAL PARK GATE TIMES

Centennial Park is accessible to vehicles between sunrise and sunset. Musgrave Ave Gates are closed permanently to cars.

 **Primary Gates (Paddington, Woollahra, Randwick & Robertson Entry Rd)**


March\* to April 6.00 am–6.00 pm

May to August 6.30 am–5.30 pm

September to October 6.00 am–6.00 pm

November to March \*\* 6.00 am–8.00 pm

\* After daylight saving \*\* During daylight saving

 **Secondary Gates (York Rd, Jervois Ave and Robertson Exit Rd)**

Weekdays 9.00 am–4.00 pm

Weekends as per Primary Gates

 **Govett St Gates**

Weekdays 9.00 am–Primary Gate closing time

Weekends as per Primary Gates

## FOOD OUTLETS

 **Parade Grounds Café**

Cnr Grand & Parkes Drive, Centennial Park (adjacent to playground). Open 7 days.

7.30 am–5.00 pm (02) 9380 9350

(temporary facility until autumn 2008).

[www.trippaswhite.com.au](http://www.trippaswhite.com.au)

 **Centennial Park Mobile Food Van E5**

Light meals, sandwiches, cold drinks, gelato and espresso. Open weekends and public holidays, 8.00 am–sunset.

 **Moore Park Golf Patio Bar B3**

Overlooking the first tee, the outdoor patio bar serves light meals and drinks. Open 7 days,

7.30 am–7.30 pm (Mon to Wed),

7.30 am–6.00 pm (Thu to Fri),

7.30 am–5.00 pm (Sat to Sun)

(02) 9663 1064

[www.mooreparkgolf.com.au](http://www.mooreparkgolf.com.au)

 **The Long Apron at Moore Park Golf B3**

This bar and restaurant serves quality meals and a full variety of wine and beers.

Open Wed to Sun, Noon–5.00 pm


(02) 9663 1064

[www.mooreparkgolf.com.au](http://www.mooreparkgolf.com.au)

## RECREATION ACTIVITIES

 **BBQs and Picnics**

Free BBQs. First-in first served basis. BYO portable BBQs with legs permitted (except during total fire bans), portable picnic equipment permitted. Bookings required for groups of 50 or more. BBQs located at **A3 D5 D6 E2 E3 G4 G5 H5**

  **Cycling and Rollerblading**

3.8 km cycle/rollerblade lane on Grand Dr, Centennial Park. Cycle lanes along Darley Rd, Alison Rd, Anzac Pde, South Dowling St, Cleveland St and Federation Way. Off-road cycling circuit for children at Learners Cycleway. Helmets required. **D5**

 **Centennial Parklands Cycle Hire F3**

Cnr Hamilton & Grand Drs, in Centennial Park 0401 357 419

  **Centennial Park Cycles G6**

50 Clovelly Rd, Randwick (02) 9398 5027

 **Wildlife Watching**

Spot birds, turtles, invertebrates and possums within natural environments. Ideal locations at **D4 E5 F4**. Please do not feed the animals.

 **Playgrounds**

There are five playgrounds catering for a range of age groups. **A2 D5 E2 E3 H5**

**Dog Walking**

On and off leash dog walking areas. BYO dog tidy bags to pick up after your dog. Pick up the Dogs in the Parklands brochure or visit [www.centennialparklands.com.au](http://www.centennialparklands.com.au)

## SPORT AND FACILITY HIRE

Quality sports grounds and facilities for hire for casual one-off bookings or seasonal competitions. (02) 9339 6699

**ES Marks Athletics Field B5**

For hire for training or carnivals. 400 m running track, floodlit field and covered stand with seating for 1000 people. Casual public training, Tue, Wed & Thu, 3.30 pm–8.30 pm. (02) 9339 6699

[www.centennialparklands.com.au/sports](http://www.centennialparklands.com.au/sports)

 **Moore Park Tennis Courts B3**

Tennis court hire, coaching, social competitions, racquet and ball sales and ball machine hire. Four floodlit courts. Open 7 days, 7.00 am–10.00 pm. 0412 123 456

  **Parklands Sports Centre C4**

Tennis court hire, coaching, school holiday camps and competitions. 11 floodlit courts. Open 7 days, 9.00 am–10.00 pm (summer & Mon to Thu in winter) 9.00 am–6.00 pm (Fri in winter) 8.00 am–6.00 pm (winter weekends) (02) 9662 7033

 **Moore Park Golf B3**


Par 70, 18-hole Group One Championship public access golf course. All weather, day-night Driving Range, Putting and Chipping greens, Pro Shop and School of Golf. Membership now available. (02) 9663 1064 [www.mooreparkgolf.com.au](http://www.mooreparkgolf.com.au)

 **Horse Riding C4 D5**

3.6 km horse track; 3.5 ha of fenced grounds featuring showjumping, dressage, lunging and turf hacking; Equestrian Centre with covered arenas, hot and cold wash bays and sand rolls. Riding schools offer lessons, horse hire, pony camps, pony parties, pony leads and guided park rides. Stabling available.

(02) 9332 2809 [www.cpequestrian.com.au](http://www.cpequestrian.com.au)

 Budapest Riding School 0419 231 391 [budapestridingschool@aapt.net.au](mailto:budapestridingschool@aapt.net.au)

 Centennial Stables (02) 9360 5650 [www.centennialstables.com.au](http://www.centennialstables.com.au)

 Eastside Riding Academy (02) 9360 7521 [www.eastsideriding.com.au](http://www.eastsideriding.com.au)

 Moore Park Riding Stables (02) 9360 8747 [www.mooreparkstables.com.au](http://www.mooreparkstables.com.au)

 Papillon Riding Stables (02) 8356 9866 or 0407 224 938 [www.papillonriding.com.au](http://www.papillonriding.com.au)

## WHAT'S ON

Ranger-guided educational excursions, children's birthday parties, guided tours and workshops, school holiday activities, vacation care programs as well as sports camps, concerts, festivals and events. (02) 9339 6699 [www.centennialparklands.com.au/whatson](http://www.centennialparklands.com.au/whatson)

## ENTERTAINMENT

**Entertainment Quarter D3**

Located adjacent to the Fox Professional Studios, this is a hub for events, concerts, shows, movies, Farmers markets, bars and dining. (02) 8117 6700 [www.eqmoorepark.com.au](http://www.eqmoorepark.com.au)

**Hordern Pavilion and Royal Hall of Industries C3**


[www.playbillvenues.com](http://www.playbillvenues.com)


**Moonlight Cinema G2**

[www.moonlight.com.au](http://www.moonlight.com.au)

## CONTACT US

Centennial Parklands is managed by the Centennial Park and Moore Park Trust.

 Parklands Office (behind Café), Mon to Fri, 8.30 am–5.00 pm. **E3**

 Visitor Centre, Paddington Gates, weekends 10.00 am–3.00 pm. **E2**

Ph: (02) 9339 6699

Fax: (02) 9332 2148

[info@centennialparklands.com.au](mailto:info@centennialparklands.com.au)

[www.centennialparklands.com.au](http://www.centennialparklands.com.au)

Locked Bag

15 Paddington NSW 2021

After hours emergencies: 0412 718 611

**Healthy Parks**  
**Healthy People**



Printed on Recycled Paper  
(90% Post Consumer Waste)