Parklands

Henry's Café

This Sporting Life –A history of sport in the Parklands

Through the Gates -new book released



Directions



In this autumn edition of Parklands, I would like to introduce you to our new Centennial Parklands organisational structure,

endorsed by the Centennial Park and Moore Trust, that aims to better reflect current priorities and our continuing commitment to you, the users of this great green Sydney place.

We have created a Visitor Experience team, centred on the former Marketing and Community Relations team. This will reinforce our longstanding commitment to our visitors and their diverse interests and continue to focus on the broader community's needs.

What was formerly known as the Operations team is now known as Park Assets. Its

responsibility is to maintain the Parklands' landscape, built facilities and infrastructure in ways that enhance your visiting experience and continue to care for this heritage precinct.

The Strategic Projects team has primarily focused on implementing the \$50m sevenyear Park Improvement Plan that will repair, replace and refurbishment many of the Parklands aging assets. The team will also coordinate the increasingly important park planning processes and is now called Strategic Planning and Projects.

We also have a Business Services team (formerly Corporate Planning and Services) to administer the Parklands and its relationships with its business partners.

Centennial Parklands, like other public organisations, strives to be aware of, and responsive to, the needs of government, community and visitors. These changes will build on the excellent work to date by the team and help us respond to emerging opportunities for partnership and

Steve Corbett Director and Chief Executive



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engagement, while continuing to care for the Parklands environment.

Last year Centennial Parklands came under the portfolio of Tourism, Sport and Recreation. This offers opportunities for us to further develop as a sport and recreation destination and we will be exploring synergies with other agencies in the Department.

2005 has been declared by UNESCO as the Year of Sport and Physical Education. Centennial Parklands has a 120 year sporting history and sport is the theme of this issue.

We also introduce a new regular column (page 10) to provide great tips on how you can stay fit and healthy in the Parklands.

Yours in good health,

Heritage Festival, 9-17 April 2005

Hosted by the National Trust, the Heritage Festival from 9-17 April 2005 is the State's largest heritage celebration. As part of the Festival, Centennial Parklands and the Sydney Cricket Ground have created a special program called 'History of Sport in Sydney'. From the playing fields to the hallowed pitch, this walking tour will uncover the history and heroes who have batted, bowled, served and scored in sports of all varieties in Moore Park-the traditional home of sport in Sydney. See the Autumn Events Calendar (pages 14-15) and visit www.nsw.nationaltrust.org.au for more information

Good Dog!

on the Heritage Festival.

The DOG exhibition continues to receive an enthusiastic response from visitors and dog lovers. If you haven't seen it yet, make sure you take a look. The exhibition is on at the Visitor Centre. Superintendent's Residence, and is open 10 am to 3 pm, Wednesdays and weekends.

There are lots of other activities and events for dog lovers to enjoy this autumn. Come and see John Richardson and his dog Whisper in an amazing performance. John is a dog whisperer who will demonstrate his unique training method and provide hints for interpreting canine body language.

Go for a walk and show your support for animals. The RSPCA will be holding its annual Million Paws Walk on 15 May 2005. For more information on these two events see the autumn Events Calendar (page | 4- | 5).

If you and your pooch could do with some tips and guidance, why not pop along to the Eastern Suburbs Dog Training Club. Training sessions are held at Musgrave Ave on Saturdays. For more information phone 0412 645 154.

booked restaurant patrons is via Jervois Gates (off Lang Rd) 9.00 am-5.00 pm.

Car Free Day in Centennial Park

Winners in white

Equestrian Grounds open

A new sand dressage arena and lunging yard were constructed, including permanent fencing. In addition to these works, the perimeter fence was dog and rabbit-proofed, a dedicated jogging track was fenced off and new gates were installed. The remaining portion of the Equestrian Grounds is yet to be upgraded and currently under review.

ES Marks available to individuals

New website





Centennial Parklands

Parkbench

Winner of DOG Competition



Celebrity hairdresser and judge Joh Bailey faced a tough choice when he surveyed the entrants in the dog look-alike competition, held in conjunction with the DOG exhibition. Fancy dress, coordinated outfits and a sense of humour were the order of the day. Joh couldn't go past the white outfit worn by Christine Hely to match her white dog, Brocky. Christine was thrilled when Joh presented her with a beautiful hamper donated by Dogue, House of Canine Couture.

Significant upgrading work has been completed on the Equestrian Grounds. The work was carried out in stages to allow continued use of a least half of the facilities during construction. In the first stage a sand jumping arena was constructed to provide users with a good quality area while the main upgrades occurred. The major works involved installation of underground drainage, irrigation and re-turfing of approximately 15,000sqm of grounds, equivalent to 2.5 football fields.

Individual athletes who wish to train casually can take advantage of the open training nights at ES Marks Athletic Field on Tuesdays and Thursdays from 3.30 pm to 8.30 pm. There is no requirement to book and a casual fee will be collected at the gate. It is only \$4 for adults and \$2.50 for child/concession. This trial will be reviewed in May 2005, so come along and support the initiative.

Centennial Parklands will launch a new website in March 2005. Redesigned for easier navigation, the website will also feature stunning new photography. All the Parklands brochures will be available on the website, including this magazine. We would welcome your feedback on the new website-please email info@cp.nsw.gov.au with your comments.

Car Free Day – Sunday 29 May

Walk, cycle or catch public transport and enjoy the last Sunday of autumn in the peaceful surroundings of Centennial Park. Accessible entry is via Musgrave Avenue Gates (adjacent to toilets, barbecues and picnic facilities). Accessible entry for

Park News

Great-Great-Grandfather grows 50mm taller



David (left) and lan Thorr

When Friend of Centennial Parklands member lan Thom's wife, Valerie, visited Centennial Park in November 2004, she found Sir Henry Parkes' statue had been removed for maintenance.

Fearing another attempt at vandalism on his great-greatgrandfather's statue, (the original marble statue was destroyed by university students in the 1970s), lan contacted Steve Corbett, Centennial Parkland Director and Chief Executive, who advised him that Sir Henry had not been vandalised and was in the safe hands of the stone masons at the Government Architects Heritage Office who were remaking the original plinth.

With Sir Henry's feet mounted so close to the edges of the original plinth, nine years of expansion and contraction of the 800 kilogram statue had caused the trachyte plinth to fracture. In the interests of safety, Sir Henry had to be removed and a new plinth made. With the assistance of Angus Donald of the Heritage Office, Ian and his cousin David Thom were able to inspect the new plinth being carved and meet the craftsmen involved.

To eliminate any future expansion problems Sir Henry's feet have now been mounted on a 50mm bronze plate, which is centrally mounted to the capstone and plinth, which increases his 'height' by 50mm.

lan and David and their wives Val and Mary were at Centennial Park on the morning of Wednesday, 22 December, to see Sir Henry reinstalled in pride of place, back on his plinth.

This is not the first such ceremony that Ian has seen. He witnessed the original installation on 27 April 1996, coinciding with the centenary of Sir Henry's death. The Centennial Park and Moore Park Trust had run a competition to select a replacement for the original vandalised statue of Sir Henry, but this time in bronze. It was won by local sculptor Allan Somerville who sculptured his work in plasticine around a steel mesh armature core. Crawfords Castings then converted the statue into the bronze masterpiece we see today.

To coincide with that event in 1996, and with the co-operation of the Trust, lan organised a family reunion for the descendants of Sir Henry. About 120 family members met at Paperbark Grove alongside the statue. Ian had traced over 465 descendants of Sir Henry's at that stage and had prepared a family tree that was 12 metres long and a metre deep. The mammoth chart was strung between three paperbarks.

After losing two children in England, Henry and his wife, Clarinda immigrated to Australia on the barque 'Strathfieldsaye'. Their daughter, Clarinda Sarah, was born at sea two days before the boat reached Sydney in July 1839. Clarinda Sarah married a Reverend William Thom from Aberdeen, and Ian is descended from that family. Sir Henry had a total of 17 children, 12 of whom survived. Another 30 descendants have been born or discovered since 1996.

Keep an eye out, also, for the Griffins, due to be reinstalled shortly on their plinths, where they can keep watch over the Father of Federation.

And speaking of Henry...

Have you visited Henry's, the new outdoor café at the Visitor Centre near Paddington Gates? Situated in the grounds of the Superintendent's Residence, it will be open on weekends for a trial period of three months from January 2005. If well attended, it could become a permanent feature in the Parklands.

Dog walkers, exhibition goers, playground visitors, walkers, joggers and cyclists can now take a seat under the shady umbrellas and enjoy a well-earned coffee, tea or cold drink. The café cart also stocks light snacks such as sandwiches and muffins. Even our four-legged friends have not been forgotten. Water bowls have been provided under the trees and delicious dog biscuits are for sale.

If you want to take a look at the DOG exhibition in the Visitor Centre, tethering posts have been placed close to the fence for the safety of your pooch while you wander through the many humorous and factual exhibits

Two Trustees honoured on Australia Day

Australia Day was a double celebration for two Centennial Park and Moore Park Trustees. Mrs Margaret Varady and the Hon Justice Annabelle Bennett received Officer (AO) of the Order of Australia awards in the recent Australia Day honours list.

Mrs Varady received her award for leadership in education, particularly as Principal of Sydney Girls' High School, fostering academic excellence and promoting student participation across a range of community activities, sports and the arts.

Mrs Varady said, "To be honoured in this way is an absolute thrill. Dealing with young adolescents you need to make sure you've provided them with every opportunity so that they will go and make a difference in our society. I think the public education system is truly magnificent, offering choice and diversity."

The Hon Justice Annabelle Bennett was honoured for service to the law, particularly in the areas of intellectual property,

New Centennial Park coffee table book



Centennial Park is the sort of place that's hard to describe in words alone. However, pictures say a thousand words and at last there is a coffee table book that captures the essence of the Park's environment through photography and quotes.

"Those who look for beauty, find it." - unknown

'Through the Gates, Life in Sydney's Centennial Park'

has been a labour of love by author, publisher and Friend of Centennial Parklands, Simon Rintel.

The book includes 220 stunning photographs, many accompanied by inspirational quotes. Photographers Dianne Galea and Veronique Peril have captured every scenic aspect of the Park as well as the people and activities that make Centennial Park such a lively culture.

Water efficiency saves one million litres

The first two upgraded public amenity buildings in Centennial Parklands will be open to the public on Saturday 12 February.

Situated on Grand Drive near Federation Valley and Dickens Drive near Lachlan Swamp, these amenities include many ecologically sustainable features.

Notably, the buildings' water efficient design includes:

-Waterless urinals and water efficient toilet flushing; Timed flow tap: and

administrative law and professional conduct; and to the community through a range of educational, medical, women's and business organisations.

"I think it's an important award as it is recognition by your country of contributions to the community. For my own part, I have simply enjoyed what I have done. I have met wonderful people and found stimulation and reward in all of the varied activities in which I have participated," said Justice Bennett.

Chairman of the Centennial Park and Moore Park Trust Professor John Niland AC said "it is wonderful to see dedicated and enthusiastic professionals such as Margaret Varady and Annabelle Bennett honoured for their contribution to their respective fields.

The Trust is fortunate to have them as Trustees to lend their knowledge and perspective to the oversight of Centennial Parklands."

'Through the Gates' is \$59.95 and available from Centennial Parklands Administration Office and the Visitor Centre at the Superintendent's Residence, Paddington Gates. It is also available from Lesley McKay's Bookshops, Borders, Dymocks or by calling



the publisher on (02) 9337 1653. Friends of Centennial Parklands are entitled to a 10% discount if purchasing the book from Parklands outlets or from the publisher.

"Begin at once to live and count each day as a separate life" Seneca

Simon says it is a "must have" for anyone that loves Centennial Park. "Reading the book from cover to cover is like taking a walk in the Park".

- Filtered hand washing water and roof water that is returned to the pond system allowing the water to be retained in the Parklands. In total, approximately one megalitre (or one million litres) of town water will be saved by the Parklands each year through the installation of these new amenities. This is approximately the equivalent of one Olympic-sized swimming pool.

An additional two buildings of this style are due for completion later this year contributing to even greater water conservation. These will be located at Musgrave Pond and Mackay Fields.

This Sporting Life A history of sport in Centennial Parklands



2005 has been declared UNESCO's International Year of Sport and Physical Education – a year in which UNESCO seeks to highlight the power of sport to bridge cultural and ethnic divides and improve quality of life.

Since its inception Centennial Parklands has played a vital role in supporting formal and informal sport and recreation activities to benefit local communities, wider metropolitan Sydney and visitors to the city–as well as hosting key sporting events.

Original features of Centennial Park included the equestrian track and footpaths. The cyclist's avenue was then opened to the public in 1900. Even the ponds provided a focus for sporting competition of a small sort. In the 1880s the sailing of model yachts became very popular until pond silt levels caused the activity to cease in 1926. In 1925 the Moore Park Model Yacht Club was established and boats were sailed on Nanny Goat Swamp, now known as Kippax Lake after the council alderman and mayor, William Kippax.

Fishing was popular in the early 1900s and flycasting competitions were held on Fly Casting Pond, which takes its name from its association with this sport.

The first known polo game to take place in Australia was played at Moore Park as early as 1874. Moore Park was created as Sydney's Sport being enjoyed at the Rotunda, circa 1930

pleasure grounds and became immediately fashionable for formal sports. In the 1880s, all three codes of football were played there.

By the end of the 19th century, Moore Park was Sydney's most popular sporting and entertainment precinct. It had a cricket ground, stadium, golf course, racecourse, showground and sporting fields.

The quintessential Australian sport, cricket, was played in certain parts of Centennial Park and Moore Park from 1891. Indigenous cricketer Jack Marsh (1874-1916) from La Perouse, considered to be one of the best Australian bowlers of his time, is said to have trained in the Parklands. Many regular cricketers of the area were lost during the Great War of 1914-1918. In memory of them the Moore Park Cricket Association installed a drinking fountain near the corner of Cleveland and South Dowling Streets.

Following the hiatus of World War I, organised cricket was revived in Centennial Parklands in 1920. By the 1930s the sport had become so popular that a swamp in Queens Park was transformed into playing fields and cricket pitches still in use today.

Golf has been a key sport in Centennial Parklands since 1895, when an 11–hole golf course operated in Queens Park until 1899. constructed in 1936; and the cinder track was completed in 1947. The Field is named in honour of ES Marks, a former Lord Mayor of Sydney and an advocate of track and field sports in NSW.

Many significant sporting events have taken place in Centennial Parklands. Famously, in 1956 the ES Marks Athletics Field was the venue for the track and field events of the British Empire and Commonwealth Games.

Notably also, in 2000 the Parklands was used as an Olympics and Paralympics venue. The marathon and road cycling events were held in the Parklands and the 'blue line' remains on the roadway as reminder of this special event.



Little Athletics at ParkFest 2004

The Moore Park Golf Club was formed in 1920 and in 1922 the nine-hole Moore Park golf course was expanded to 18 holes. This course now provides the only Group One public golf course in the region.

Enthusiasm for tennis at the end of the nineteenth century led to the construction of tennis courts on top of the Reservoir located between Carrington Drive and Oxford Street in 1898. During the Great War these courts were closed.

However, in 1931 Sydney Boys' High School Old Boys' Union arranged for tennis courts to be built for its sister school, Sydney Girls' High School, in Moore Park. Today this area is known as the Parklands Sports Centre, and it provides for a range of sports including tennis, netball, roller–hockey and basketball.

First known as the Sydney Athletics Field, ES Marks Athletics field was built in stages: it was established in 1906; buildings were Each year, Centennial Parklands continues to host many signature sporting events such as the JPMorgan Chase Corporate Challenge, Walk to Cure Diabetes and the Sydney Marathon. However all sports users, great and small, are catered for with over 50 quality sports fields and facilities available for hire.

A special tour, History of Sport in Sydney, has been developed by Centennial Parklands and the Sydney Cricket Ground. Plus, each school holiday, there is a variety of sports camps and clinics held in the Parklands. For information on what's on in autumn see the Events Calendar on pages 14-15.

Today, Centennial Parklands provides a balance of informal and formal recreation opportunities catering for a diversity of activity and social needs at many levels. Centennial Parklands supports both active and passive recreational activities and promotes the benefits of such activities through the Healthy Parks Healthy People initiative.



SANDRA NORI MP Minister for Tourism and Sport and Recreation Minister for Women

It is my great pleasure to endorse 2005 as the International Year of Sport and Physical Education. This has been declared by the United Nations as a means of promoting education, health, development and peace throughout the world.

Sport can play a major role in improving the lives of whole communities and 2005 brings our sporting culture into the spotlight. It can make a real difference in people's lives and I'm encouraging people of all ages and abilities to boost their involvement in sport for their health and wellbeing, and community harmony.

l urge you, your schools, sporting clubs and businesses to use 2005 to step up or join efforts to achieve greater sporting participation for your health and wellbeing.

Centennial Parklands is a great place where you can get involved. Did you know that last year over 327,000 people participated in organised sport in Centennial Parklands? That includes representation from 43 sports clubs and 39 schools. You will find details on how you can get involved in this magazine or visit the NSW Government website at www.dsr.nsw.gov.au for more information.

You can also pick up the new Healthy Parks Healthy People brochure which highlights the recreational opportunities in many of Sydney's great parks and gardens.

I encourage you to get involved in the International Year of Sport and Physical Education - be part of a wider worldwide movement and part of the world's favourite pastime.

Park Living

Twitcher's Corner



Crested Pigeon By Trevor Waller

At this time of the year when the summer migrants are leaving us for warmer parts there is one bird we can rely on to bring a bit of colour into the Parklands. The Crested Pigeon is a member of the Bronzewing family, which are ground-feeding pigeons with iridescent patches in their wing feathers. The iridescence is most striking when the sunlight falls on them, as well as during their bowing courtship display.

The bird has a grey head with a slender black erect crest. The eye and eye-ring are red. The brown wings have fine black bars and the iridescent green, violet and gold patches are edged with white. It has a dark tail that ends in a white tip. When they take off their wings make a distinctive whistling sound. They fly with rapid wing beats, and when they land tip forward and lift their tail vertically. These pigeons can be found in pairs, small flocks or by themselves feeding quietly on the ground or perched in trees.

Their call is a repeated 'whoop' as well as a low 'coo'. The habitats most favoured are pastoral and farming land, open woodland, homesteads and yards, sports grounds, suburban golf courses and they will always be found near water. They have a distinctive display flight which consists of flying straight up in the air, then with their wings held out will gently glide down in a slow spiral to a prominent perch.

Breeding takes place mostly between July and December. The nest is a rough platform of twigs that is built in dense foliage. They lay two white eggs and both parents incubate them for 18 to 20 days. The young birds leave the nest after about three weeks. You should be able to find a Crested Pigeon anywhere there are open grassy areas in the Parklands.

Trevor Waller is a bird enthusiast with over ten years behind his binoculars. He is a member of various bird watching clubs in Sydney, including Birds Australia, and conducts the Parklands' Birdwatcher's Breakfasts each season (see pages 14-15 for details).

A Walk in the Park with Jane Saville

Olympian Jane Saville is an inspirational and exceptional athlete who has won admiration for her outstanding sportsmanship. She divides her time between Europe and Australia. When in Sydney, she is a regular at Centennial Parklands.

Best place to hide in Centennial Parklands: Under the huge tree near One More Shot Pond, the branches hang so low you can disappear under them!

Best place to be seen in the Parklands: Latte-ing at the Café!

Best place to walk dogs: Sandstone Ridge and Federation Valley –so many places to run and long grass to hide in!

Funniest memory of the Parklands: Competing in State Public School Cross Country Championships as an 11 year old in the pouring rain. I missed the start of my race and chased the field in my daggy school trackies because I didn't have time to change. I didn't finish last and can laugh about it now, but it was one of my most devastating sporting experiences.

Best part of summer: Long sunny days and the beach.

Worst part of summer: Bluebottles and flies.

Best local place for dinner: I always enjoy the quality food and atmosphere at Swordfish at Souths Juniors.

How does being in the Parklands make you feel: Free from the rat race just outside the gates!

Favourite international park: I love Parc Guell in Barcelona because it's so colourful and happy!

Favourite plant: Cactus, it's a survivor!

Favourite tree: Ghost Gum because it reminds me of growing up.

Jane Saville (right) with husband, Matt.

and sister. Natalie

Favourite sport: Of course I love athletics but I really enjoy cycling, especially when my husband is riding. He's a professional cyclist.

Favourite event in the Parklands: Moonlight Cinema. It's the perfect summer evening, relaxed on a blanket with lots of food, great company and a great movie in awesome surroundings!

Who would you most like to take for a walk in the Parklands: I'm often in the Park training with my sister, Nat. But I would really like to enjoy a walk with my husband and our family dogs, Weimaraners called Fritz and Nikita.

Tree of the Season

Liquidambar

The Liquidambar, *Liquidambar styraciflua*, is one of a group of trees belonging to the Witch-Hazel family. Its name is derived from the Latin for 'fluid' and 'amber' describing the balsam-like fluid exuded from the sapwood when tapped. Hence its common name – sweet gum.

The Liquidambar is a deciduous tree that comes from eastern United States of America. It can be found from New England to the Gulf of Mexico and Texas.



In Sydney, the tree can grow to 20 metres or more with a single trunk conical at first but broadening in age. The lower branches tend to be horizontal but ascending towards the apex. Its unusual fruit (pictured) is a spiky ball, usually hanging in clusters of two or three, on a long pendulous stalk.

The green and lobed leaves are similar to maples, having five main veins that are yellowish-green and prominent on the underside. Being deciduous the leaves change colour before they fall.

Recipe

Tarragon is called the 'King of Herbs' by the French, and with good reason. It is the main flavouring in many of the sauces that form the foundation of classic French cuisine. This recipe, courtesy of Centennial Parklands Restaurant, is perfect for autumn dinners and is easy to make. Bon Appetit.

Roast Tarragon Chicken, Spiced Peach, New Potato and Mint Salad

Ingredients:

2 barrel chickens (breast or crown only, wish bone taken outask your butcher) 200g unsalted butter 5 anchovies I bunch of tarragon Juice of one lemon 500g new potato 2 red chillies (seeds removed 2 spring onions (washed, root remove and finely chopped) I bunch flat parsley (washed I bunch mint (washed and finely chopped) 4 peaches (blanche in boiling water for 20 seconds, remove

stone and skin, cut into quarters)

Substitute any other seasonal
stone fruit.Method:4 plum tomatoes (blanche in
boiling water for 10 seconds,
place in ice-cold water, de-seed,
remove skin and cut into quarters)2.Loosen
rack on
and len
2.Loosen
rack on
ack on
ack on
achoppe
boil and
choppe
boil and
clog brown sugar
200ml apple cider vinegar
I cinnamon stick4.ln a larg

l bay leaf Tarragon stalks I 50ml olive oil



8 Parklands Autumn 2005



Without doubt the outstanding feature of this tree is its autumn foliage. Leaves change colour producing a magnificent array of autumn colours ranging through yellow, orange, ruby–red and crimson. The variations and combinations of colour are a highlight of autumn in the Parklands.

Individual trees vary in colour and change at different times, adding to the variety of the display.

In the Parklands, there are two areas to view these trees: Southeast of Willow Pond and opposite Musgrave

Pond. Both these areas have corridors of Liquidambars that make for beautiful viewing throughout autumn.

Liquidambars are popular in large gardens as they provide deep cool shade and are fast growing. These are hardy trees that will flourish under very warm conditions provided some moisture is provided in summer. However they have strong, aggressive root systems which may affect household piping and care must be taken when planting.

I.In food processor, add softened butter, chopped tarragon, anchovies and lemon juice.

2.Loosen skin under chicken, add butter and season, then place on wire rack on toasting tray with halved new potatoes.

3.Place apple cider vinegar, cinnamon stick, bay leaf, brown sugar, one chopped chilli and tarragon stalks in heavy-based pot then bring to the boil and simmer for 10 minutes.

4.In a large bowl, toss together new potatoes, mint, parsley, tomato, chilli, peaches and spring onion. Arrange on 4 serving plates then place sliced chicken on top.

5.Strain vinegar solution then allow to cool, add olive oil, whisk together and add seasoning. Drizzle over chicken, then serve.

Centennial Parklands Restaurant is open for breakfast and lunch. So soak up the sun, enjoy the view and choose from an assortment of seasonal dishes.

Healthy Parks, Healthy People

Healthy Parks



resh from the underground



A captive audience

On a recent Spotlight Prowl, Centennial Parklands Ranger Karen Scrivens and her group of visitors were lucky enough to witness a cicada's moulting. They watched transfixed as the cicada spent nearly one hour emerging from its shell and drying its wings.

Waiting for wings to dry

The lifecycle of the cicada is a truly amazing one. Six weeks after the female lays her eggs in the bark of a tree, they hatch and

the tiny nymphs drop to the ground burrowing down to the tree roots. Cicada nymphs live underground for about six or seven years feeding on tree sap.

Cicada nymphs are an important part of the underground ecology, helping to maintain the health of the soil and everything that lives in it. Once an adult, cicadas emerge to provide a tasty treat to birds, spiders, marsupials and reptiles.

The sounds of shrilling cicadas is also a sign that the ecosystem in which they are found is alive and healthy.

For more information on Autumn Spotlight Prowls please see the Events Calendar on pages 14-15.

Autumn is a wonderful time to view two common harmless spiders in Centennial Park, some of which you may also find in your own backyard.

- The leaf-curling spider is easily spotted suspended along the fence line in Lachlan Swamp. Appearing to hover in mid-air, this spider makes handy use of a curled leaf wrapped in silk as a camouflaged retreat from which it can capture bugs for food.
- Even more spectacular is the golden orb weaving spider which amazing webs that have been built among the shrubs just inside the Robertson Road Gates between the road and the horse track.

And keep your eyes and ears peeled for the return of the yellowtailed black cockatoos. Their mournful cry usually heralds the arrival of large flocks of these majestic birds as they fly into Centennial Park to feed on pine cones and casuarina seeds.

Healthy People Seniors Week, 13-20 March 2005

The population of NSW is ageing. The Australian Bureau of Statistics has predicted that by 2016 NSW's older population (people aged 65 and over) will outnumber the younger population (people aged 0–14 years) for the first time in the State's history.

The physical benefits of exercise for older people are well documented. At a social level, involvement in physical activity can reduce isolation and enhance self esteem and well being.

You only need to do about 30 minutes of moderate activity on most days and this can be broken down into smaller units of activity. In the Parklands, walking is ideal. It does not require special equipment or clothing and can be done at any time.

13-20 March 2005 SeniorsWeek

Healthy Parks Healthy People

Get active this Seniors Week

Centennial Parklands and the Department of Ageing, Disability and Home Care have created a special program of free Seniors Week activities in the Parklands to encourage seniors to try new experiences, learn new skills and meet new friends.



- Take part in an introductory Tai Chi demonstration and lesson (18 March). Tai Chi is a great activity for people with joint stiffness. It increases vitality, strength, balance, concentration, relaxation and helps prevent falls.

Enjoying Tai Chi at One More Shot Pond

- Join the Tree Hugging Tour, take time out to Smell the Roses or stretch yours and your dog's legs on a special dog walking adventure (all on 16 March).

- Please refer to the Events Calendar on pages 14-15 for booking details.
- The NSW Department of Tourism, Sport and Recreation has useful tips on how older people can start getting fit and healthy. See its website www.dsr.nsw.gov.au or call 13 13 02.

Summer Events Wrap-up

Cricketer's Walk

Cricket legends joined together on Sunday 22 January to raise funds for the Sri Lanka Disaster Relief Fund. Organised by Harry Solomon of Kingsgrove Sports Centre and in conjunction with Cricket NSW, Cricket Australia, Centennial Parklands and the Sydney Cricket Ground Trust, many past and current cricket celebrities as well as members of the Sydney Swans lent their time and support to this wonderful event.

Through his love of cricket, Harry has had a life of involvement with Australian high profiles players of the game such as Doug Walters, Allan Border, Mike Whitney, Stephen and Mark Waugh, Mark Taylor, Greg Matthews and many more. He also had the opportunity to work with international stars such as Viv Richards, Gordon Greenidge, Imran Khan, Ravi Shastri and Aravinda De Silva.



Cricket legends join togethe

we need you.



The Centennial Parklands Foundation provides funds for environmental

Australia Day Fun Run



Approximately 1,300 people turned out to participate in the second Medicare Australia Day Fun Run held in Centennial Park. As part of the official Australia Day festivities, the four kilometre and eight kilometre run proved a popular activity on this day.

Local celebrities, including the National Fun Run spokesperson Sandra Sydney Swans AFL team and Sully at the Centennial Park start line national Fun Run spokesperson

Sandra Sully, joined other Sydneysiders in their quest to get Australia Day off to a fun and healthy start.

Circus Oz

Always a popular event, this season saw the return of the Big Top to Centennial Parklands. For six weeks, these amazing characters with their extraordinary acts delighted Sydney audiences of all age groups. No doubt their return to the Parklands next year will be eagerly anticipated.



Circus Oz clowning around

You can donate to the Foundation directly or by joining the Friends of page 12. For more information on the Foundation, including donations,



Friends of Centennial Parklands

JOIN THE FRIENDS OF CENTENNIAL PARKLANDS

and help support Centennial Park, Moore Park and Queens Park.

Friends are the roots of the Centennial Parklands Foundation with membership fees providing support for the environment projects within Centennial Parklands. Your membership will open the doors to your involvement in caring for Centennial Parklands clean up and planting days or become a volunteer. By becoming a *Friend*, you will be joining a special group of people. You will also have the opportunity to join in exclusive activities and enjoy a discount. Look for the grambol for activities attracting discounts and present your membership card to obtain the special Friends' rate.

The benefits include:

10% discount at Centennial Parklands Restaurant & Café 10% discount on Ranger-guided walks 10% discount on Centennial Parklands merchandise Discounts on selected events Parklands magazine posted quarterly Membership certificate Exclusive *Friends* events, including annual Christmas party

To JOIN, simply complete and mail or fax the form below.

Title	First Name	Surname
Addres	38	
Postcode		Date of birth
Telephone (BH)		(AH)
Email		
Tick b	oxes:	
Sir	ngle: One year \$55	Family: One year \$99
Please	e list family members	
Partne	er	
Childr	en	

I would like to make a donation to Centennial Parklands Foundation

\$100

\$_

Visa

\$45 \$75

I require a tax receipt

I am interested in becoming a volunteer

I would like to find out how a bequest could help Centennial Parklands

Payment details

Cheque - payable to Centennial Parklands Foundation Cash

Bankcard Mastercard

I would like my membership renewed automatically via my credit card

Card No

Expiry date

Card holder's name

Card holder's signature

Friends of Centennial Parklands Send to (no stamp required): Reply Paid 58 Locked Bag 15 PADDINGTON NSW 2021 For more information phone (02) 9339 6699 or email foundation@cp.nsw.gov.au

Friends meet new Friends at the Forum

24 January 2005 marked the beginning of a great year for Friends of Centennial Parklands with the inaugural Friends of Centennial Parklands Forum. New members were officially welcomed by Steve Corbett, Director and Chief Executive of Centennial Parklands. The Forum provided a great opportunity for members to tell us how the program could be developed so it continues to be relevant and meaningful.

The Forum was held in the Centennial Parklands Restaurant where Friends enjoyed champagne and canapés and chatted to fellow members.

During the evening Friends were asked to contribute their ideas on a range of issues concerning the Friends program. These included their expectations upon joining the program, ideas for future activities and how to secure their ongoing participation.

Discussions were lively and engaging and we were pleased to have John O'Neill, an experienced facilitator and Friend of Centennial Parklands, to help manage proceedings.

The evening was a great success and enjoyed by all. Many Friends agreed it was very satisfying to be able to contribute their ideas and thoughts on the program. The Friends told us they would like to: - become more involved in the Parklands and more active in the Friends program;

- learn about the Parklands:
- provide support for the Parklands;
- care for the environment; and
- volunteer.

Centennial Parklands will analyse the findings and develop a Friends strategy which reflects the interests and values of existing and future members. This strategy will be communicated to all Friends and will provide the basis for the program's future development and reinvigoration.

The Forum was extremely successful and will be held on an annual basis to ensure continuous improvement of the program.

It's not too late to contribute your ideas on improving the Friends program. Please call the Parklands Administration Office on (02) 9339 6699. Alternatively visit www.cp.nsw.gov.au and provide comments via our feedback form.

JACK JOHNSON CONCERT VIDAKI DIDG & DANCE



to the Yidaki Didg and Dance performance to discover

Come along

study film and started making more about our native Australian music to match the footage. animals through the eyes of the Influenced by friends including Ben Harper, Jack Johnson has become a leading artist in his own right, with a large and loyal following in Australia.

Having now sold more than 2 million records, Jack Johnson will be performing a number of shows across Australia, including a performance at Centennial Park

For more information and bookings visit www.ticketmaster7.com or phone 136 100.

Friday, 18 March

Aboriginal people. Join in to learn some traditional music and dance. All ages. 10.00 am-11.00 am. \$12.50 per person. Meet Belvedere Amphitheatre (Moonlight Cinema site), Woollahra Gates, Centennial Park. Bookings essential (02) 9339 6699.

Monday, 18 April



Map of Centennial Parklands





MILLION PAWS WALK



Don't miss this year's RSPCA Million Paws Walk. Join vour

four-legged friends in a day filled with fun and festivities.

The RSPCA needs your help to continue its valuable work helping animals in need. There will be live music on the day, entertainment, dog obedience displays and much more.

Remember, your dog must be vaccinated, non-aggressive, healthy and on a lead during the walk. Registration at Loch Avenue South. For more information on ticket costs and registration visit www.millionpawswalk.com.au or call (02) 9770 7552

Sunday, 15 May

THE DOG WHISPERER



Don't miss this exclusive demonstration by world renowned Doa

Whisperer, John Richardson. In association with Centennial Parklands DOG exhibition, John and his dog Whisper will reveal this unique training method based on dog psychology, positive motivation and rewards; and offer some handy hints for interpreting canine body language.

Two demonstrations: 11 30 am-12.00 pm and 1.30 pm-2.00 pm. \$9.50 per person. Leashed dogs welcome. Meet Visitor Centre. Paddington Gates. Bookings essential (02) 9339 6699.

Saturday, 28 May

eason

Visit DOG, the new exhibition on display at the Visitor Centre, Superintendent's Residence at Paddington Gates in Centennial Park from December 2004 to October 2005. This entertaining exhibition includes stunning images and fascinating objects – all providing a unique insight into the life of a dog. A special selection of DOG gifts can also be purchased for your 'best friend'. Open Wednesdays and weekends 10.00 am - 3.00 pm.

1 Tuesday POETRY COMPETITION What is your favourite thing to do in Centennial Parklands? Tell us by simply composing a poem of up to 300 words in length. Write your name, age, phone number and poem title on the back of your entry and send to Centennial Parklands Poetry Competition, Locked Bag 15, PADDINGTON NSW 2021, or deliver to the Administration Building, behind Centennial Parklands Café. Competition closes 5.00 pm Friday, 22 April. Poems will be judged on Sunday, 24 April, 2.00 pm at the Visitor Centre, and will be on displa until Sunday, 8 May, Prizes will be Parklands magazine. Enquiries (02) 9339 6699.

CLEAN UP AUSTRALIA DAY Grab your hat and gardening gloves and join us for this annual event in Centennial Park. 9.00 am – 1.00 pm Registration at Visitor Centre, Paddington Gates, corner Oxford Street and Lang Road. Enquiries (02) 9339 6641.

A special children's tour of the Centennial Parklands Equestrian Centre. Find out where the horses live, what they eat and how to care for them Includes a short pony ride. Wear covered shoes. 10.00 am – 11.00 am. \$10.50 per child (2 – 5 years), adults free. Meet Equestrian Centre Gates, corner Lang and Cook Roads. *Bookings* essential (02) 9339 6699.

See 7 March

13_{Sunc}

A chance to see the wild <u>nightlife</u> of Centennial Park. Join Rangers spotlighting possums, flying foxes and other night creatures. All ages Bring torch. 7.30 pm – 8.30 pm. \$9.50 per person. Meet Robertson Road Gates. *Bookings* essential (02) 9339 6699.

FIVE-DAY HOLIDAY TENNIS CAMPS

Bring tennis racquet, water bottle, hat, wet/warm clothing and sunscreen. Barbeque and short presentation on last day. \$130 for five day camp or \$35 per day. 9.00 am - 3.00 pm. Supervision from 8.30 am - 4.00 pm. Parklands Sports Centre. (02) 9662 7033.

12 Tuesday PARK GAMES

Make the most of the fresh air and open space in Centennial Park with this fun range of traditional park games. Show your strength in the tug-o-war, and even try your luck at 'Rob the Nest'. 10.00 am - 11.00 am. \$9 per child (2 - 5 years), adults free. Meet Shelter Pavilion. Bookings essential (02) 9339 6699.

MODEL YACHT WORKSHOP

Build a simple model yacht in this unique workshop and learn the ageold techniques of sailing models on Kippax Lake. All materials included. 1.00 pm – 2.30 pm. \$18 per child (6 - 12 years). Meet Kippax Lake, Driver Avenue, Moore Park. Bookings essential (02) 9339 6699.

SPOTLIGHT PROWL

6.00 pm – 7.00 pm See 13 March

13 Wednesday SWANNING AROUND

What is it like to be a swan in Centennial Park? Join the Rangers to look for swans, build a swans nest, create a

swan puppet and hear the story of Sigmund the Cygnet. 10.00 am -11.00 am. \$9 per child (2 - 5 years) adults free. Meet Shelter Pavilion. Bookings essential (02) 9339 6699.

KRAZY KITES

Come along to this kite-flying workshop to fly kites of all shapes and sizes. Construct and decorate your very own kite to take home, and practise flying it under the quidance of a kite expert. All materials included. Bring hat. 1.00 pm - 3.00 pm. \$12.50 per child (7 - 12 years). Meet Administration Building, behind the Centennial Parklands Cafe. Bookings essential (02) 9339 6699.

14 Thursday NETBALL CLINIC

Learn netball skills in this three-hour clinic with qualified netball coaches Robin Rowland-Wild and Karen Howell. Work on passing, catching and footwork. Bring hat, drink and sports wear. 9.30 am - 12.30 pm. \$15.00 per child (6 - 12 years). Centennial Parklands Sports Centre, Netball courts, Lang Road, Moore Park. Bookings essential (02) 9339 6699.

JUNIOR RANGERS

Do you know how to use a spotterscope or construct a bird-hide? Find out with the Rangers and discover the Park's amazing birdlife. 10.00 am - 12.00 noon. \$12.50 per child (6 - 12 years). Meet Visitor Centre, Paddington Gates. Bookings essential (02) 9339 6699.

15_{Friday}

SPOTLIGHT PROWL 6.00 pm - 7.00 pm See 13 March



17 Sunday PONY RIDES See 9 April

18 Monday YIDAKI DIDG & DANCE 🖉



FIVE-DAY HOLIDAY TENNIS CAMPS See 11 April

19 Tuesday AFL CLINIC - WITH AFL NSW/ACT DEVELOPMENT STAFF

Work on your AFL skills, drills and game. Bring hat, drink and appropriate sports wear. 10.00 am - 12.00 pm. \$20 per child (5 - 12 years), Moore Park East, Bus Loop, Driver Avenue (opposite Sydney Cricket Ground). Bookings essential (02) 9339 6699

KRAZY KITES 🖉 See 13 April

20 Wednesday PARK GAMES See 12 April

SPOTLIGHT PROWL 6.00 pm - 7.00 pm See 13 March

21 Thursday SWANNING AROUND

See 13 April

GET ACTIVE IN THE PARK -MULTI SPORTS DAY Have fun and learn new skills while

playing different sports under the guidance of gualified coaches. Sports include softball, soccer, cricket, athletics and modified games. Bring hat, drink and appropriate sports wear. 9.30 am -12.30 pm \$20 per child (6 - 12 years). Meet Administration Building, behind the Centennial Parklands Cafe. Bookings essential (02) 9339 6699.

PROGRAMS FOR ADULTS

march

16 Wednesday FREE SENIORS WEEK TOURS Healthy Parks Healthy People



Tree Hugging Tour Join Ted Hoare, Senior Arborist, on a guided walk to explore the origins and features of Centennial Park's famous trees. 10.30 am - 11.30 am. Includes free morning tea. Meet at Centennial Parklands Café. Bookings essential (02) 9339 6699.

Smelling the Roses - Rose Garden Ramble

Ramble through the rose gardens of Centennial Park with our Park Horticulturalists to discover the design and species selection of these centuryold garden beds. 10.30 am - 11.30 am. Includes free morning tea. Meet at Centennial Parklands Café. Bookings essential (02) 9339 6699.

Walking the Dog

Walkies! Bring along your dog for a Ranger-guided walk through Centennial Park's popular dog walking areas and visit the new DOG exhibition. Bring your dog and leash. 10.30 am - 11.30 am. Includes free morning tea. Meet at the Visitor Centre, Paddington Gates. Bookings essential (02) 9339 6699.

18 Friday Healthy Parks Healthy People FREE TAI CHI FOR SENIORS

Seniors are invited to this introductory Tai Chi lesson as part of Seniors Week. Experienced instructors will demonstrate this martial-art based activity that is great for joint stiffness, vitality, balance, relaxation and preventing falls. Wear loose clothing, sun protection and covered shoes, 10.00 am – 11.00 am. Meet Learner's Cycleway. Bookings essential (02) 9339 6699.

april

11 Monday

HISTORY OF SPORT IN SYDNEY From the playing fields to the hallowed pitch, this National Trust Heritage Festival walking tour will uncover the history and heroes who have batted, bowled, served and scored in various sports in Moore Park. Includes visiting the SCG Museum. For adults. 9.30am-12.30pm. \$25 per person. Meet Robertson Road Gatse. Finishes SCG. Bookings essential (02) 9339 6699.

24 Sunday

BIRDWATCHER'S BREAKFAST

Join this early morning guided tour to spot some of the Parklands' migratory and resident land and water birds. A new meeting point and route will allow the chance to visit some different birdwatching locations. For adults. Bring binoculars. Includes breakfast. 7.30 am - 9.30 am. \$18.50 per person. Meet Robertson Road Gates. Finishes at Shelter Pavilion. Bookings essential (02) 9339 6699.

may

6 Friday

BUSBY'S BORE WALK

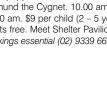
Walk the above-ground route of Busby's Bore, the underground supply of early Sydney's drinking water, with retired Sydney Water historian Jon Breen. Visit the source of the bore at Busby's Pond and the memorial cairn in Centennial Park; and see an exclusive viewing of the shaft into Busby's Bore within Fox Studios. For adults. 10.00 am - 12.00 noon. \$13 per person. Meet Robertson Road Gates. Finishes at Fox Studios. Bookings essential (02) 9339 6699.

22 Sunday BIRDWATCHER'S BREAKFAST See 24 April – Adults section

28 Saturday



2005 CAL



The only place where kids can jump into the saddle so close to the city! Hand-led, 10 minute rides for children. Limited tickets. 10.00 am – 4.00 pm or until sold out. \$9.50 per ride. Tickets at Mobile Ranger Station, Centennial

Parklands Café. Weather permitting. Bookings not required.

10 Sunday PONY RIDES See 9 April

11 Monday **HISTORY OF SPORT IN SYDNEY** - NATIONAL TRUST HERITAGE FESTIVAL 🖉 See 11 April - Adults section

See 7 March

18 Friday

21 _{Monda}

See 7 March

apri

6.15 pm – 7.15 pm

PONY RIDES 🖉

See 13 March

9 Saturday

SPOTLIGHT PROWL

16 Wednesday FREE SENIORS WEEK TOURS See 16 March - Adults section

JACK JOHNSON CONCERT See Highlights - page 13

FREE TAI CHI FOR SENIORS See 18 March - Adults section

MODEL YACHT WORKSHOP See 12 April

22 Friday SPOTLIGHT PROWL 6.00 pm – 7.00 pm See 13 March

23 Saturday PONY RIDES See 9 April

24 Sunday BIRDWATCHER'S BREAKFAST

See 24 April - Adults section

FROG MOBILE 🥖

For everything you have ever wanted to know about frogs, come and visit the Frog and Tadpole Study Group's very special Frog Mobile. 11.00 am -3.00 pm. Free of charge. Shelter Pavilion, Parkes Drive.

2 Monday MY LITTLE PONIES See 7 March

6 Friday BUSBY'S BORE WALK See 6 May - Adults Section

9 Monday MY LITTLE PONIES See 7 March

13 Friday MY LITTLE PONIES See 7 March

15 Sunday MILLION PAWS WALK See Highlights - page 13

20 Friday

SPOTLIGHT PROWL 5.30 pm – 6.30 pm See 13 March

END

22 Sunday BIRDWATCHER'S BREAKFAST See 24 April - Adults section

28 Saturday THE DOG WHISPERER See 28 May- Adults section

29_{Sunday} **CAR FREE DAY** See Parkbench - page 3

 $\mathcal{P} = 10\%$ discount for *Friends of* secure a discount. Discount is 10%

For various horse riding lessons and school holiday pony camps, contact one of the following stables at Centennial Parklands Equestrian Centre:

Eastside Riding Academy: 🖉

Moore Park Stables:

Papillon Riding Stables: 🖉

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Centennial Parklands User's Guide

QUICK GUIDE

First Aid and Emergency 24 hour Ranger service, 7 days. 0412 718 611

dministratio

8.30 am – 5 pm Monday – Friday. Located behin Centennial Parklands Café. **(02) 9339 6699** Fax: (02) 9332 2148 email: info@cp.nsw.gov.au

How to Get Here

BY BUS: Easily accessible by bus. Route 339 from city stations and 355 from Bondi Junction run regular services to Moore Park. Route 378 from Central and 380 from Circular Quay run services to Centennial Park. Phone **131 500** for timetable details.

BY CAR: Main gates to Centennial Park open sunrise to sunset. Car Free Days are held on the last Sunday in every season: February, May, August and November: A 30 km speed limit applies on all roads in Centennial Park.

iends of Centennial Parkland

More than a group of park lovers, the *Friends* are an important association of like-minded people committed to preserving the Parklands' history, environment and culture. **(02) 9339 6699**

Meets approximately every six weeks. Committee members can be contacted via Centennial Parklands administration. **(02) 9339 6699** email: ccc@cp.nsw.gov.au web: www.cp.nsw.gov.au

Park Information

Information, maps and brochures are available from the Administration Building (behind the café) or the Superintendent's Residence, Wednesdays and weekends 10 am – 3 pm.

FACILITIES AND AMENITIES

Centennial Parklands Restaurant Modern Australian à la carte restaurant offering a ful wine list. Open daily for breakfast and lunch. Also available for weddings and function hire. Open 7 days, 8.30 am – 3 pm. **(02) 9360 3355**

Centennial Parklands Café Specialising in light meals and snacks, the Café offers open-air eating in its award-winning forecourt. Open 7 days, 8 am – 4.30 pm. **(02) 9380 6922**

Centennial Parklands Kiosk Located next to Duck Pond, the Kiosk serves sandwiches, light meals, coffee, cold drinks and ic cream. Open weekends and public holidays, 8 am – sunset.

Henry's

Café cart, located at the Visitor Centre, Superintendent's Residence at Paddington Gates. Refreshments, light snacks, weekends only.

Centennial Parklands Children's Centre Day care centre for babies to pre-schoolers. (02) 9663 1200



Moore Park Golf Course Public 18-hole golf course, available to members and non-members, in the heart of the Eastern Suburbs. Includes Golf Pro Shop and one Australia's largest driving ranges. (02) 9663 3791

Centennial Parklands Sports Centre Tennis, basketball and netball courts available for casual or regular use. (02) 9662 7033

BOOK A SPACE FOR PLAYING OR ENTERTAINING

Playing Fields

Playing fields in Centennial, Moore and Queens Parks are available for team sports, including cricket, soccer, hockey, rugby and touch-football. Also available is ES Marks Athletics Field featuring an international standard 400 metre running track, shot put, discus, javelin, long, high and triple jump facilities. Bookings: **(02) 9339 6699**

Centennial Square

Surrounded by trees and designed for marquees, this site caters for 50 to 1200 people. Located next to one of Centennial Park's historic ponds. Perfect for weddings, launches, events. Bookings: (02) 9339 6699

Centennial Parklands Restaurant Available for weddings and function hire. Bookings: (02) 9282 0500

Event

Submissions from the public are welcome for activities and events that support the Parklands' cultural policy. Enquiries: **(02) 9339 6699**

Filming & Photograph

Centennial Parklands offers a versatile range of locations for commercial filming and photography at competitive rates. Enquiries: **(02) 9339 6699**

THINGS TO DO

Cycling & Roller Blading A four kilometre cycling and roller blading track follows the perimeter of Grand Drive. A Learner's Cycleway for children is also available (cycling only). Cyclists are not permitted to ride in groups of more

than 16. Hire available from:
Centennial Parklands Cycle Hire,
in Centennial Park (bikes orb.): 0409 255 55

- in Centennial Park (bikes only): 0409 855 592
 Centennial Park Cycles, Randwick (bikes & blades): (02) 9398 5027
- Woolys Wheels, Paddington (bikes only): (02) 9380 6356
- Total Skate,
- Woollahra (blades only): (02) 9380 6356

Dog Walking

Under NSW law, dogs must be held on a leash in all public areas, unless otherwise designated, and no more than four dogs can be walked by one person. Dogs with responsible owners are welcome in Centennial Parklands and can be exercised off-leash in certain areas. To find out more about areas in Centennial Parklands where off-leash dog walking is permitted, please refer to our dog brochure. For copies please phone **(02) 9339 6699** or visit www.cp.nsw.gov.au

Jogging & Walkin

A 3.6 kilometre jogging track is located around Grand Drive. Self-guided walking trails are located at Lachlan Swamp and Duck Pond. Guided walks held regularly each season. Guided walks bookings: (02) 9339 6699

Horse Riding

Centennial Park is one of the few remaining parks in the world offering inner-city horse riding, with a 3.6 kilometre circular horse track and some two hectares of fenced equestrian grounds. Horse hire: • Moore Park Stables: (02) 9360 8747 • Eastside Riding Academy: • Papillon Riding Stables: (02) 9360 7521 (02) 8356 9866

• Budapest Riding School: 0419 231 391

For stabling and other enquiries, please phone the Centre Manager: **(02) 9332 2809**

Picnics & BBQs

The Parklands offer unlimited picnic spots, with views of ponds, fields and gardens. There are also five free BBQ locations in Centennial Park and one in Queens Park. Access to picnic areas and BBQs operates on a first-in basis. Bookings required for groups of 50 or over. Bookings: **(02) 9339 6699**

Education and Public Program

School excursions, holiday activities, guided tours and workshops, children's birthday parties. Enquiries: **(02) 9339 6699**

Moore Park Precinct



The Moore Park Precinct offers a variety of sport and leisure experiences. Venues in

the Precinct include Fox Studios, Hordern Pavilion, Royal Hall of Industries, Sydney Cricket Ground and Aussie Stadium. For more information on events and activities visit www.mooreparkprecinct.com.au



Locked Bag 15 PADDINGTON NSW 2021 Tel: (02) 9339 6699 Fax: (02) 9332 2148 www.cp.nsw.gov.au email: info@cp.nsw.gov.au