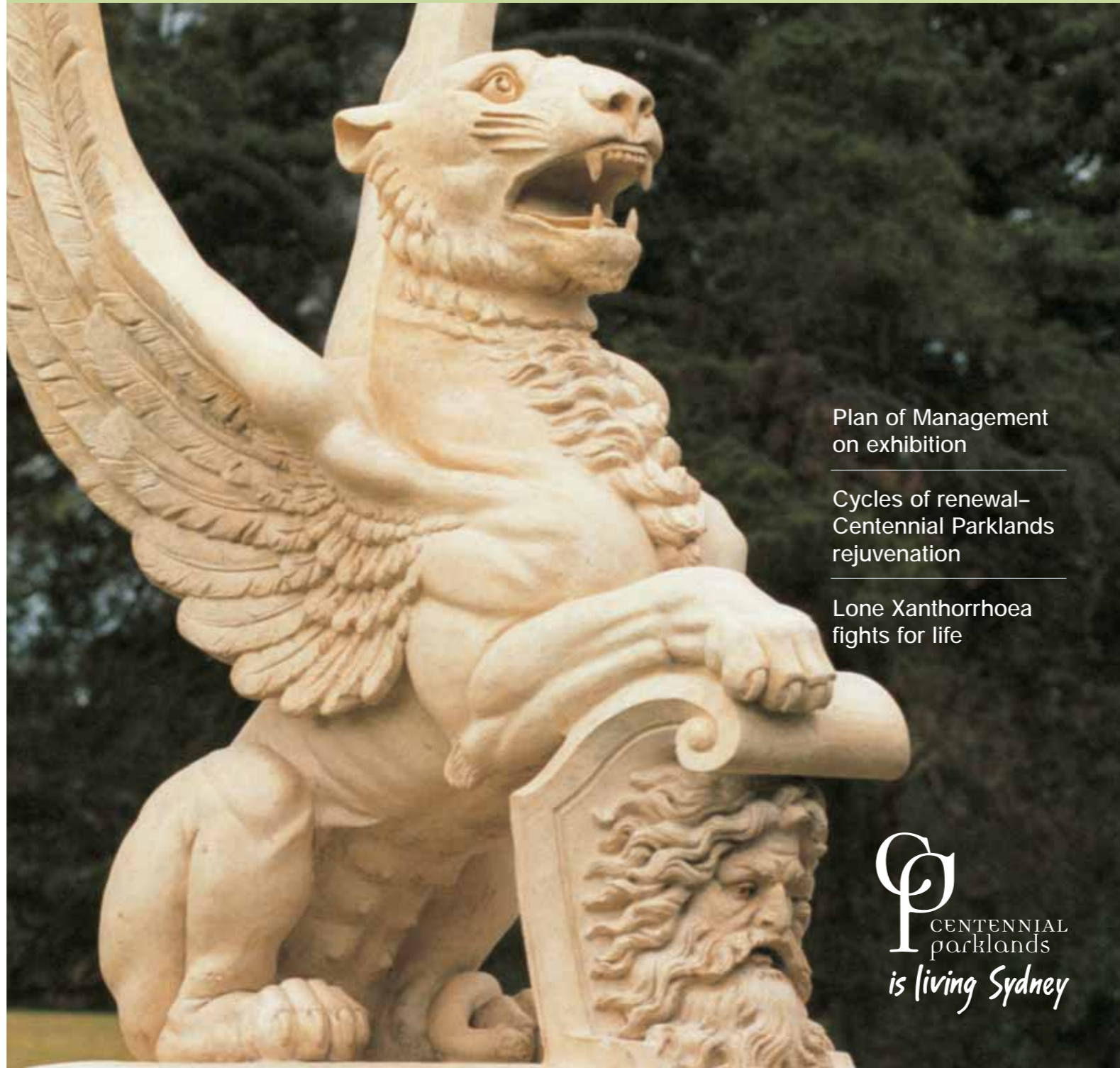


VOLUME 32 • SPRING 2005

parklands

THE MAGAZINE OF CENTENNIAL PARKLANDS



Plan of Management
on exhibition

Cycles of renewal—
Centennial Parklands
rejuvenation

Lone Xanthorrhoea
fights for life


CENTENNIAL
parklands
is living Sydney

Directions



In the winter edition of *Parklands*, I wrote about the challenges of reconciling issues of long-term sustainability with the growing

popularity of Moore Park as a sporting and entertainment venue. We grapple with these issues in the draft Moore Park Master Plan, which you can read more about in this spring edition (page 4).

But Parklands management is not just about strategic issues. Sometimes we need fast reflexes, as we did in early July when a small quantity of asbestos-related material was found in Area 2 of Moore Park, the site bounded by Anzac Parade, Lang Rd and Driver Avenue and regularly used for car parking.

Despite a low risk to public health, the Centennial Park and Moore Park Trust decided to close the area until further investigations, in consultation with the Environment Protection Authority and WorkCover.

As part of the detailed investigation process other contaminants, polycyclic aromatic hydrocarbons (PAHs), were discovered below the surface. But we reopened Area 2 notwithstanding, on advice that the risk to public health is negligible.

While the site must be remediated, the Trust will shortly receive an independently-prepared and audited Remediation Action Plan (RAP) to guide its approach and I hope to seize the opportunity to do more.

Information to date indicates that a key consideration for the Trust is to address the long-term environmental management of the site.

Location demands that Area 2 must continue to be made available for intermittent on-grass parking, while the Trust explores alternative long-term parking solutions.

In addition to implementing the RAP, the Trust plans to undertake landscaping and design work to reinstate Area 2 as a robust green space for the community to enjoy for unstructured leisure or events, as well as intermittent on-grass parking. The wider program of remediation is hoped to commence this financial year.

I wish you all a drought-free spring.

Steve Corbett
Director and Chief Executive
Centennial Parklands



Parkbench

The EQ is OK

The Entertainment Quarter (EQ) is the new name for the retail/entertainment area formerly part of Fox Studios. Entertainment is EQ's aim with over 20 restaurants, cafes and bars and more than a dozen retail stores. There is no better cinema experience than EQ's Hoyts and Cinema Paris complexes. Plus the ever popular markets will continue to provide unrivalled fresh produce and unique gift ideas. Visit www.entertainmentquarter.com.au and stay tuned for all the new developments, including exciting activities and upcoming events. The professional studios next door will continue to be known as Fox Studios Australia.

Golf Driving Range relaunch

The Hon Sandra Nori MP, Minister for Tourism and Sport and Recreation, was guest of honour at the relaunch of Moore Park Golf Course driving range in July 2005. The refurbished driving range was not the only cause for celebration. A number of associated works around the Golf House and course proper were also completed. In addition to enhanced landscaping around the Golf House, new lighting, carpet, painting and furniture has been provided to brighten the House's interior. On the course, players will notice new drinking fountains, seats and ball washers. Phone (02) 9663 1064 or visit www.mooreparkgolf.com.au for more information on Moore Park Golf Course.



Guest of honour, Sandra Nori

Paddington Public School Sesquicentenary

Paddington Public School will celebrate its 150th anniversary in May 2006 and is calling all former students for memories and memorabilia. At the centenary in 1956, two students from the 1870s, Jack Blumer and Sam Ellis, recounted how the school's water supply was sourced from Busby's Bore. The water was collected from the old hand pump that can still be seen in Oxford Street. Sixty buckets were needed for the school's weekly supply. To revive your memories of Paddington Public School please email paddington-p.school@det.nsw.edu.au or phone (02) 9361 6730.

Annual Report gets big tick



Sarah Dinning accepts the ARA Silver Award from Carol Rushford, Director of the Australasian Reporting Awards.

Centennial Park and Moore Park Trust was the proud recipient of a silver award in the latest Australasian Reporting Awards. Centennial Parklands' 2003/4 Annual Report was praised for providing quality coverage of the key aspects of its core business, with 'outstanding disclosure' in at least one area. Sarah Dinning, Director Visitor Experience, collected the Award on behalf of the Parklands at an awards presentation ceremony in Melbourne.

Car Free Day - Sunday 27 November

Don't forget to walk, cycle or catch public transport and enjoy the last Sunday of spring in the peaceful surroundings of a car free Centennial Park. Accessible entry for park users and booked restaurant patrons is via Jervois Ave Gates (off Lang Road) from 9.00 am – 5.00 pm.

Friends competition winners

Thanks to everyone who joined *Friends of Centennial Parklands* over the winter months. All new *Friends* were entered in the draw to win a range of prizes. The lucky winners were Brendan Ryan, Joanna Gilmour and Pauline Paton. For more information on the *Friends* program and details on how you can join, see the insert located after page 10.

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Cover: One of Centennial Park's magnificently restored Griffin sculptures, soon to be illuminated at night.

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Plan of Management: on exhibition



Planning areas map

As noted in the winter issue of *Parklands*, Centennial Parklands is currently updating its 1998 Plan of Management—a vital document that provides the overall framework by which the Parklands manages its lands and activities.

These lands include Centennial Park, Moore Park, Queens Park, the York Road bushland remnant and the former Moore Park Showground. The draft Plan also addresses the cooperative management of the land owned by Sydney Water within the boundary of Centennial Park and provides direction for other plans such as the Moore Park Master Plan.

The draft Plan of Management went on public exhibition in late August and the exhibition period lasts until Wednesday, 28 September.

During the exhibition period, the draft Plan can be viewed at:

- www.cpplanofmanagement.com.au
- the Visitor Centre at Paddington Gates (Wednesday, Saturday and Sunday 10.00 am - 3.00 pm)
- the Parklands Administration Offices, Centennial Park (Monday - Friday, 8.30am - 5.00 pm)
- local councils, libraries and various Parklands venues

- the Entertainment Quarter, Moore Park. Located next to Cinema Paris, this special information centre is open from 3.00 pm to 6.00 pm on Wednesday and Friday afternoons.

"The Plan is an important document for the next ten years in the Parklands," says Nicola Bryden, Coordinator Planning and Conservation. "We urge the community to show their interest in the Parklands by reviewing the draft Plan and participating in this process."

All submissions received from the preliminary consultation until the end of the exhibition period will be considered in the finalisation of the Plan and a response will be provided when this stage is complete.

Written submissions can be sent by email to pom@cp.nsw.gov.au or mail to:

Plan of Management, Centennial Parklands Locked Bag 15, Paddington NSW 2021

To see the 1998 Plan, summaries of the preliminary consultation and more locations for viewing the draft Plan, visit www.cpplanofmanagement.com.au or for more information, email the project manager at pom@cp.nsw.gov.au or phone (02) 9339 6651.

Moore Park Master Plan

The draft Moore Park Master Plan is expected to go on public exhibition in late October 2005. It is the first major initiative in more than a decade to ensure the sustainability of Moore Park as a vibrant, accessible and sustainable open space in inner Sydney. The public will be invited to view the draft Plan and make a formal submission for consideration prior to adoption of the final Master Plan.

The plan will include input from the Moore Park Events Taskforce, co-ordinated by the NSW Premiers Department, on issues such as how to improve public transport and pedestrian safety during major events in Moore Park.

The Plan seeks to reconcile the interests of a diverse range of users. "It is our objective to provide a blueprint for Moore Park that is both sustainable and respectful of its 19th century

heritage," said Centennial Parklands Director and Chief Executive Steve Corbett.

With this in mind, a large number of stakeholders have been consulted to provide input to the draft Plan on a range of issues including:

- increasing recreational opportunities
- finding a balance between parking, public transport, pedestrians and cyclists
- improving access for surrounding residents and park users
- strengthening the Park's identity and character.

"The Trust values the input of all stakeholders and we are keen to hear their vision for the future of this dynamic public space," Mr Corbett said.

Parks Week - celebrating Sydney's parks and gardens

NSW will celebrate its first-ever Parks Week from 9-16 October. The event, an initiative of the *Healthy Parks Healthy People* program, encourages everyone to visit a park or garden to give themselves a natural lift and improve their health and wellbeing.

Parks Week provides an opportunity for some of the state's most diverse green spaces to join together to promote their diverse nature and the numerous ways that they can be experienced.

Participating parks and gardens include Centennial Parklands; Parramatta Park; Sydney Olympic Park; the Botanic Gardens Trust; NSW National Parks; and Sydney Harbour Federation Trust.

For starters, perhaps visit the *Healthy Parks Healthy People* marquee at the 2005 Sydney Morning Herald Good Food Month Spring Picnic in Centennial Park on Sunday, 9 October. There you can enjoy free activities from 11.00 am - 4.00 pm, and pick up all the information you need about Parks Week programs and events. The Picnic will showcase the wares of more than 50 NSW food producers. Admission is free.

Parks Week highlights within Centennial Park include:

- Hand-held pony rides for kids, weather permitting, on Sunday, 9 October, from 10.00 am-4.00 pm or until sold out (limited tickets).
- The first-ever Centennial Parklands Pram-a-thon on Tuesday, 11 October, a fun and fitness get-together for mums and babies. For more details, see our *Healthy Parks Healthy People* story, page 10.
- Grand Kite Day at the Parade Grounds, from 10.00 am-12 noon on Wednesday, 12 October. Grandparents and grandchildren can



Join the fun of Parks Week

construct and decorate their own kite and practice flying it under kite expert Michael Richards.

For more information on these activities please refer to the What's On listing, pages 14-15.

Among Parks Week highlights elsewhere will be a much-anticipated special exhibition at the Royal Botanic Gardens of one of the greatest botanical discoveries of our time – the Wollemi Pine. A display of 100 cultivated trees will simulate the secret grove in the Wollemi National Park where these primeval botanical wonders were discovered 10 years ago.

Ten national parks in Sydney and regional NSW will also host special 'discovery' events showing the diverse attractions encompassed within their boundaries.

A full Parks Week calendar of events is available at www.healthyparkshealthypeople.com

Healthy Parks Healthy People invites you to connect with Sydney's green spaces during Parks Week.

Bumper entertainment line up

Parks are a great place to enjoy the best that spring and summer can offer and here at Centennial Parklands, outdoor entertainment is an increasingly popular part of the experience.

Later this year, Centennial Parklands will host a bumper mix of cultural events to entertain and delight Sydneysiders.

- Hot off the press, local artist Missy Higgins will perform a concert at the Parade Grounds on Friday, 28 October.
- Parklife will occupy the Kippax Lake area of Moore Park on Sunday, 2 October from 12.00 noon to 10.00 pm for their seventh annual event.
- The Sydney Morning Herald Good Food Month Spring Picnic will be held on Sunday, 9 October from 11.00 am to 4.00 pm.
- The ever popular Moonlight Cinema makes a welcome return to the Parklands for its summer season, running from December 2005 to March 2006.

Events at Centennial Parklands are carefully managed to ensure impacts on both the Parklands and neighbours are minimised.

Centennial Parklands staff work closely with event organisers in the preparations, ensuring adherence to a wide variety of plans, including traffic management, public transport and waste management.

Each event must also have an individual sound management plan that adheres to the requirements of the Environmental Protection Agency. Adherence to all these requirements is carefully monitored on the event day.

We hope you take the opportunity to enjoy our spring and summer entertainment line-up. For more information on individual events please visit our website at www.cp.nsw.gov.au or email info@cp.nsw.gov.au

Cycles of renewal

Centennial Parklands rejuvenation

Spring is perhaps the happiest season in nature's magnificent annual cycle. Here in Centennial Parklands, it is a time to reflect briefly on the many differing cycles of creation and renewal of our own natural and built assets. Nature may work in strict yearly cycles, but we need to think and manage over many widely varying time frames. Even minor and unobtrusive changes to the environment demand long and careful thought and planning before commitment. Managing the cycle of life and death of our wonderful green environment is a work requiring decade-long, even century-long perspectives.


Centennial Parklands encompasses a spectacular sweep of green urban space but it is not and cannot be a wilderness. It requires ongoing rejuvenation and restoration of its environment, infrastructure and facilities, not dissimilar to that required by our own personal living environments.

Ready to enjoy this Spring

Below is a snapshot of just some of the recently completed or in-progress projects at Centennial Parklands which we hope will improve our visitors' experience not only this Spring but for years to come.

- ✓ Equestrian grounds upgrade
- ✓ Golf Driving Range
- ✓ Golf House Patio Bar renovation
- ✓ Installation and lighting of the Griffins (in progress)
- ✓ Moore Park West Playground
- ✓ Parklands Sports Centre upgrades
- ✓ Grand Drive restoration (phase 1 in progress)
- ✓ More than 300 trees planted
- ✓ New public amenities (stage 1 complete, stage 2 in progress)

In this article, we look at some recently completed or presently in progress Parklands' projects. Many of these projects are part of the \$53 million Park Improvement Plan that realises outcomes from a number of management plans, including the Tree Master Plan and others.


 An integral part of our long-term commitment is our annual tree-planting program. Recently more than 300 trees were planted in Centennial Parklands including Queens Park, Moore Park Golf Course and the newly renovated Parklands Sports Centre.

So when you visit us over the next few months you won't be mistaken for thinking the Parklands are looking greener and leafier than ever.

Tree plantings in Centennial Parklands form part of a broader approach to tree management outlined in the Tree Master Plan. As explained in detail in the winter edition of *Parklands*, the Plan promotes minimal change and emphasises incremental tree planting and replacement programs. It identifies the special qualities of the existing tree population and establishes a carefully considered framework for their conservation, replacement and augmentation.



Works in progress on Grand Drive footpaths"

 Visitors to the Parklands this spring will also have a spring in their step as sections of the fabulous new footpaths of Grand Drive are completed.

The improvements will include the restoration of the heritage sandstone

curbing around the whole of Grand Drive, along with re-forming and resealing of the path to provide visitors with improved access and safety. The existing steel bollards will be replaced with new sandstone blocks that will act as curb and wheel stops. This is being done in sections and visitors will notice the immediate impact this project is having as they enter Centennial Park from the Randwick Gates.

It is part of Stage One of an ongoing program of rejuvenation of Grand Drive, an enormous task that has now begun following an extensive program of consultation with community groups and park users. The upgrades will substantially improve the overall presentation of this significant heritage feature well into the future.

 The recent upgrading of the Centennial Parklands Equestrian Grounds has thrilled our many equine enthusiasts who enjoy the facilities each year. The creation of dedicated horse jumping areas plus re-turfing and irrigation of the equestrian grounds has been welcomed by our four-legged residents and their riders.



New netball courts lighting

 Netball, tennis players and fans are also delighted with the recently completed work at the Parklands Sports Centre. All courts have been given a springtime face-lift and now boast state-of-the-art surfaces. The synthetic grass surfaces of the tennis courts were laid on a new open-graded asphalt sub-base to improve surface drainage. A special feature of the durable new synthetic surface at the netball courts is its very high grip. In addition, significant upgrades to the lighting at the

Recovered bricks: part of Sydney's early engineering history

Many will remember when the original brick drain at Kensington Pond was critically damaged in a storm in 2002, resulting in substantial local flooding in Alison Road. A new concrete culvert replaced the original drain.

While the original drain was assessed as being an unremarkable structure on its own, it was historically significant for its association with early colonial hydrological engineering and Sydney's

first constructed water supply. There was, therefore, great delight when nine blocks of brickwork, that formed part of the original 1852 structure, were uncovered during the excavation of the old drain.


Three of the nine recovered blocks were reused and incorporated into the new playground adjacent to the Paddington Gates. The remainder have been incorporated into the drain


at Kensington Ponds.


The blocks have been set like 'stairs' partially into the slope of the embankment. The resulting image illustrates the dam slope and the original existence and location of the brick drain.

Now Parklands visitors can see and touch bricks that form a bridge in time to the Parklands' and Sydney's early engineering genius.

netball courts means one of the country's most popular participation sports can now be enjoyed well after the sun goes down, with minimal light 'wash' to surrounding areas.

 Those who torture themselves in pursuit of a better golf game will enjoy a significantly improved surface at the driving range at Moore Park Golf Course this spring. The new combination of natural and synthetic grass means easier maintenance for Parklands staff and a high quality experience for golf devotees. New markers also make it easier for players to see how far they have hit the ball and whatever frustrations or triumphs are experienced on the course or the range, the renovated Golf House Patio Bar is the perfect place to relax and reflect on the day's play!


 When it comes to play, Sydney children enjoy coming to the Parklands for its many playgrounds, kids cycling track, fabulous sporting facilities and hectares and hectares of the great outdoors. We hope our young visitors will give a big 'thumbs up' this spring to the exciting new play equipment at Moore Park West. The facility is adjacent to the Rotunda, which was so successfully refurbished in 2004. The Moore Park playground complements the Paddington Gates interactive playground, which was successfully refurbished late last year.

 The two magnificently restored griffin sculptures that returned to Centennial Parklands last April after an absence of 30 years continue to draw the eyes of all who travel down

Parkes Drive. They stand at the intersection of Hamilton Drive, keeping vigil at the bronze statue of Sir Henry Parkes (which was itself briefly removed late last year to enable a new and improved plinth to be installed). Plans to illuminate all three historic Parklands features are advanced. The griffins and Sir Henry should be a great after-dark sight from October.




An example of how the Griffin will look when night-lighting is completed

 Our public amenities continue to be augmented. Soon to be completed are the public amenity buildings at McKay Field, Musgrave Pond and Centennial Square.

As with the amenities opened on Grand Drive near Federation Valley and Dickens Drive near Lachlan Swamp last February, these buildings utilise many ecologically sustainable features. They will allow one

million litres of water, or the approximate equivalent of one Olympic swimming pool, to be saved by Centennial Parklands each year. Adjacent old amenities will be demolished to maintain maximum green space.

 It would not be springtime if we did not carry out a good spring clean in preparation for the busy summer months ahead. Visitors will be pleased to see, for example, that the magnificent stonework at the Parklands' Woollahra Gates has been given a thorough scrub.

Centennial Parklands Director Strategic Planning & Projects, Amanda Bock, says the team at Centennial Parklands has worked hard to deliver visitors a rejuvenated and unique open space environment to be enjoyed by all.

"We feel the recent improvements have captured the real essence of the season and we look forward to our visitors enjoying them not only this spring but for all seasons to come.

"Centennial Parklands is a Sydney icon and those of us entrusted with its care take our charter seriously. Our aim is to work with our partners, colleagues and Parklands Friends to provide an amazing space offering a diversity of experiences for a diversity of visitors for a very long time," Amanda says.

As Henry Ford said, "coming together is a beginning; keeping together is progress; working together is success."

Twitcher's Corner



Black-fronsted Dotterel

By Trevor Waller

With spring comes the promise of warmer days and the start of the breeding season for many bird species. One such species is a Plover called a Black-fronsted Dotterel. It is one of the waders that spend all year in Australia.

At only 16–18cm it is a small bird with short yellowish pink legs. It has a black facemask and forehead that extends back through the eyes under a white eyebrow. There is a black v-shaped breast-band that extends down the chest, and the top of the head is brown. On the shoulder it has a deep purplish-chestnut patch and a white underbelly. A striking red eye ring is the central feature of the face and the bill is red with a black tip.

This Plover spends most of the time on gravel, sand or mud near shallow fresh water where it feeds. It is an active little bird and when foraging it runs along on rapid legs, stops abruptly, bobs its head, pecks at the mud and then runs again. In flight it keeps low with deep flicking wing beats, showing a white bar in the wing. It usually gives a high-pitched metallic "tink-tink" call as it flies.

Breeding season is usually from August to December but can take place at any time when the conditions are suitable. The nest is a shallow scrape in the sand or gravel, or among riverbed stones and is usually very close to water and often among the debris on the water's edge. These birds lay a clutch of 1–3 eggs that are incubated by both sexes for about 25 days. There are a few good places to look for these gregarious and distinctively plumaged birds in the Parklands such as Kensington Pond and Randwick Pond.

Trevor Waller is a bird enthusiast with over ten years behind the binoculars. He is a member of various bird watching clubs in Sydney, including Birds Australia, and conducts the Parklands' Birdwatcher's Breakfasts each season (see pages 14–15 for details)

Recipe

Loin of Lamb with Roma Tomato, Olive, Capsicum and Kipfler Potato

Spring lamb is a tradition in many cultures signifying the renewal of life. This recipe, courtesy of Centennial Parklands Restaurant, shows both Greek and Italian influences. Nosthimia or Buon appetito!



Ingredients (serves 4)

- | | |
|-------------------------------------|--------------------------------|
| 4 loins of lamb - approx 200 g each | 100 ml white wine |
| 2 large red capsicums | 100 g Kalamata olives (pitted) |
| 2 Spanish onions | 50 ml extra virgin olive oil |
| 2 cloves of garlic | 500 g Kipfler potatoes |
| 1 bunch of basil | 100 ml tomato juice |
| 6 Roma tomatoes (large) | Salt and pepper |

Preparation

1. Wash potatoes, place in cold water, bring to the boil. Simmer for 15 minutes.
2. Slice capsicum in half (length-ways), remove seeds, cut into strips.
3. Blanch the cored tomatoes in boiling water for 10 seconds. Remove and place in ice water before removing skin. Cut tomatoes into strips, de-seed.
4. Peel onion, cutting length-ways, slice into thin strips.
5. Finely chop garlic.

To make ragout

1. In a heavy based pot, on low heat, add 25 ml of oil. Sauté onions and garlic until softened.
2. Add capsicum and tomato and cook for 3 minutes.
3. Add white wine, reduce by two-thirds.
4. Add tomato juice, olives and sliced potatoes. Reduce sauce by half.
5. To finish, add salt and pepper and torn basil.

For the lamb loin

1. In a heavy based pan on high heat, add remaining oil and seasoned lamb fillets. Pan fry on both sides.
2. Finish in pre-heated oven at 180°C for 6 minutes. Remove from oven and allow to rest for 5 minutes.

To serve

Divide ragout onto four serving plates, slice each lamb loin and place on top and serve.

Don't forget to book early for the Centennial Parklands Restaurant Halloween Dinner, Monday, 31 October from 5.30 pm. Includes spooky ranger tours and children's entertainment. Ph: (02) 9360 3355 for bookings.

Plant of the Season

Xanthorrhoea resinifera

Rare tree fights for life

A distressing act of vandalism in one of Centennial Park's most environmentally sensitive sites may lead to the death of our lone *Xanthorrhoea resinifera*, or Grass Tree.

Regular readers may recall that we are regenerating a small remnant of the endangered bushland community known as Eastern Suburbs Banksia Scrub once present over much of Eastern Sydney. Our remnant is characterised by a solitary *Xanthorrhoea* and a few small clumps of grass. It was hoped this lone tree would one day provide seed for a new generation of *Xanthorrhoea* in the Banksia Scrub areas of the Parklands.



Before the vandalism

However wanton plant muggers dug it up, causing extensive damage to the root system but failing to fully remove it. *Xanthorrhoea* species do not like to be disturbed from their original growing place. Stealing them from the bush often results in slow death, over about two years.

Our horticultural staff are monitoring the progress of the lone *Xanthorrhoea* and has set up a recovery program with the Trust's Bushland Management Group, NSW Department of Environment and Conservation and Mt Annan Botanic Gardens.

Xanthorrhoea resinifera is an unusual plant with a distinctive blackened trunk and grass-like foliage forming a fluffy top. It is very slow growing but also long lived. Its flower spikes can reach to two metres. These are mostly prominent in spring but sometimes emerge in response to fire. *Xanthorrhoea* can tolerate a mild frost but mostly prefers an open full sun position with well-drained soil. Its unusual resin was used by Indigenous people and in industrial varnishes due to its hardening properties.



How Park Horticulturalists found the damaged plant

National Threatened Species Day on 7 September each year, a community-based program of the World Wide Fund for Nature and the Natural Heritage Trust, reminds us of our duty of care to species like *Xanthorrhoea*.

State and Commonwealth laws protect Banksia Scrub remnants. It is a criminal offence to damage them and considerable fines and even jail sentences apply to such acts. Alert Rangers if you see anyone stealing or damaging plants in the Parklands. Only buy a Grass Tree that has a National Parks & Wildlife identifying tag and registration number.



After pruning and replanting, the plant is not expected to survive

Healthy Parks

Resist picking up fallen birds



Swans can often wander onto Centennial Park's roads

Spring is a special time of year, a time of new growth and new life. It is the new life that keeps Centennial Parklands Rangers especially busy at this time of year.

By far the most common task is re-uniting young birds that have fallen from the nest with their parents. It is pleasing to note that many park users care enough about these young birds to bring them to the Park Office. But while it may seem to be in a fallen bird's best interests to be whisked away from the possible danger of an inquisitive pooch, we ask visitors to avoid traumatising the bird by picking it up.

In preference, please send someone to contact the Rangers while someone else stays with the bird to protect it until help arrives or ring the Rangers on 0412 718 611. This ensures that the Ranger knows the exact location. In this way, provided the bird is not injured, it can be returned to its nest straight away.

We mentioned in the last edition the need for motorists to be alert to wildlife when using the Park road system, but it is worth a reminder. Roads are a perilous place at any time of year for many of the park's water birds and animals and none more so than in spring.

A common sight on Grand Drive is a mother swan with her cygnets in tow. There are also turtles that can be found wandering across the roads, making their way to sandy areas to lay their eggs.

We ask again that all drivers be aware that this is a special place not only for people but also our wildlife. The Park speed limit is 30km/hr and Police regularly bring radar units in to assist Rangers in making the Park a safer place for both people and animals.

Healthy People

Mothers: lighten the load at Pram-a-thon!

New mothers are particularly at risk of isolation, depression and anxiety. The demands of an infant can seem so overwhelming that mothers sometimes neglect their own need for physical activity, mental stimulation and social engagement with other adults.

Parks are an ideal place to meet with other mothers and stroll with baby. The first-ever Centennial Parklands Pram-a-thon, on Tuesday, 11 October, offers a great opportunity to explore the possibilities. Mothers are invited to get together and recharge their batteries from 10.00 am to 11.30 am. Best of all, it's free.

The Pram-a-thon is part of Parks Week, an initiative of the *Healthy Parks Healthy People* program.

A team of fitness and health professionals from PRAMfit will guide parents through a range of fun outdoor exercises and activities including stretches, pram walks and obstacle courses. Come with your parents group or join a team on the day.

Enjoy a chance to meet and chat to other new parents over a complimentary morning tea. PRAMfit child carers will be available to entertain toddlers and young children during this activity.

Participants should meet at the Centennial Parklands Café. Bookings are essential, please phone (02) 9339 6699.

Mental health benefits

Not only new mothers can benefit from regular park activity. Researchers are only just beginning to understand the full range of benefits, beyond the physical, that being engaged with nature brings.

City living can disengage humans from the natural environment to the detriment of their health and well being according to 'The Health Benefits of Contact with Nature in a Park Context', produced by Deakin University and Parks Victoria for *Healthy Parks Healthy People*.

Australia is one of the most urbanised societies on earth and one in five adult Australians suffers from a mental disorder such as depression and anxiety, according to the 1997 National Survey of mental health and well being.

This spring make a connection with your Park and rejuvenate your mind, body and soul.



Mums and bubs are invited to join in the fun at Pram-a-thon

Parklands looks to give more to its Friends

The newly-formed *Friends Reference Group* is exploring a number of exciting potential initiatives to lift the profile and widen the role of the *Friends of Centennial Parklands*. They will look to establishing a greater sense of community ownership of the *Friends* program and to fostering long-term loyalty and support for Centennial Parklands.

As noted in the last edition of *Parklands*, the Reference Group was established by the Centennial Parklands Foundation to consider how best the *Friends* program might contribute towards the Foundation's goals.

The Foundation exists to harness community, corporate and private funding support to preserve and enhance the environmental significance of the Parklands.

An expanded *Friends* program is seen as central to fostering broad community involvement in the Foundation's growth, and the *Friends* group is keen to be involved. Indeed, a number of *Friends* are already doing so through voluntary work in the Eastern Suburbs Banksia Scrub project.

Exclusive Friends tour of Royal Botanic Gardens

Friends of Centennial Parklands should take advantage of a members-only tour of the Royal Botanic Gardens. To be held on 11 October the tour will include the Tropical Centre and Palace Gardens. *Friends* will also have the opportunity to meet Dr Tim Entwisle, Executive Director of the Botanic Gardens Trust. It's free to attend however bookings are essential, register by phoning (02) 9339 6699. This event follows the successful tour of Centennial Parklands in February by a group of Royal Botanic Gardens Friends.

The Reference Group is expected to operate for about a year during which time one of its primary roles will be to guide the formation of a permanent and self-sustaining successor *Friends* group, to undertake activities for members and raise funds for the Foundation and Centennial Parklands.

The Reference Group presently comprises five members:

- Convenor Mr Phillip Black, City of Sydney Councillor and a Governor of the Centennial Parklands Foundation;
- Sydney businessman Mr Jack Cowin, also a Governor of the Foundation;
- Eastern Suburbs garden designer and member of the Community Consultative Committee, Mrs Sandy Pratten;
- Community and civic activist Ms Kathryn Greiner; and
- Parks enthusiast and advocate Mr Andrew Mitchell, presently fundraising manager at the Foundation for National Parks & Wildlife.

At its inaugural meeting in June the Reference Group determined to develop specific terms of reference as well as looking at some strategic goals. Possible initiatives discussed, among many things, included a proposal to establish a nursery to propagate and market plants from seeds taken from the Banksia Scrub. *Friends* would play a major role in funding, establishing and running such a nursery. The Reference Group agreed to explore the business case.

It was also agreed that the *Friends* need somewhere to call their own and have a 'sense of place.' The Reference Group is considering where best to locate a *Friends* and Foundation office.

The Reference Group will be establishing a communications program to ensure that all *Friends* are kept fully informed and involved in the process.

Tree planting with sizzle



Planting their tree

The Centennial Parklands Foundation supported the 10th National Tree Day on Sunday, 31 July, with tree plantings, a tree dedication ceremony and a sausage sizzle in Queens Park.

Many people took the opportunity to support the Foundation by dedicating a tree on the day. The thousands of dollars raised by these dedications will help fund future environmental and educational projects by the Foundation.

Over winter, more than 300 trees were planted around Centennial Parklands including Queens Park, the Moore Park Golf Course and the newly renovated Parklands Sports Centre as part of the Tree Master Plan.

National Tree Day has become Australia's biggest community tree-planting event. It is an initiative of Planet Ark.

Tree dedication honour roll

Dedicating a tree is a personal and touching experience. As part of National Tree Day 2005, 24 trees were dedicated by individuals, families and groups. These trees now have very special meaning. Thank you to everyone who chose to dedicate a tree—it is a gift that will extend beyond a lifetime.

- The Mousmoutis family and friends
- Elizabeth Mossop
- The Spackman family
- John Plummer
- John Niland
- The Tidbeck family
- Elizabeth Evatt
- Ilma Woodward
- Jodie Uthappa
- Michael Wright
- Jack Cowin
- Michael Ahrens
- Annabelle Bennett
- Peter Duncan
- Alison Hale
- Sam & Judy Weiss
- Malcolm Turnbull, MP

Ride for Life



Ride for Life starting line

Cancer survivors, Olympic champions, corporate groups, professional cyclists and fun cyclists took up the Ride for Life cycling challenge at Centennial Park on Saturday, 13 August, to help raise money for the Oncology Department of The Prince of Wales Hospital.

The Ride's feature event—25 gruelling laps of Centennial Park—was won by Peter Hatton, who took the lead in the last minute against a field of over 80 competitors. There were many other events on the day, including the Allens Arthur Robinson Corporate Challenge that attracted 150 team riders, and the family fun ride.

The Ride took place in the shadow of the tragic cycling accident in Germany in which Australian cyclist Amy Gillett died. Cycling Australia showed its support of safe cycling by donating half the proceeds from race entries—plus additional sponsorships gained and the donations made on the day—to the Amy Gillett-Safe Cycling Foundation, established following the tragedy.

Cyclist Kate Nicholls, a member of the team that was so cruelly torn apart in Germany, made a poignant appearance with her right arm still in a splint. Accompanied by her ex-Olympian father Kevin, she flagged off the Masters and Corporate fields.



Cyclist Kate Nicholls at the Ride for Life

Gardening Australia Festival

Thank you to everyone who visited Centennial Parklands' booth at the Gardening Australia Festival held from 25-28 August at the Sydney Showground, Sydney Olympic Park. Parklands staff were delighted to meet so many people and share their love of the Parklands. Staff gave away plenty of plant stock and brochures and Rangers were on hand to run badge-making activities and a wildlife hunt for children. The message tree was very popular and we now have a record of people's treasured memories of the Parklands.

Art in the Park Sketching Class

A full complement of 14 children aged between 7–12 participated in the Centennial Parklands sketching class on 12 July. It was part of a state-wide Art in the Park program of activities run at participating parks and gardens under the Healthy Parks Healthy People initiative.



Enjoying Art in the Park

The class was conducted by Parklands Senior Ranger Paul Solomon, an art teacher by training who holds a Masters in Visual Arts Education. Off duty, Ranger Paul specialises in wildlife art and paints mainly in watercolours. He has painted overseas and is an exhibited artist. Paul says "I love bringing my passion for art into my work environment. Art is a great way for people, especially children, to express their feelings. It is very rewarding."

The children focussed on the birds of Centennial Parklands and the landscape of Duck Pond, exploring a range of sketching techniques using a variety of media including charcoal, pastilles and graphite. The activity was a great success and another class has been scheduled in this season's What's On (September 26, see page 14 for details).

Friendship Games Soccer

Following the outstanding success of the inaugural Friendship Games in Holland in 2004, Australia was named as a 2005 destination and Centennial Parklands chosen as the venue for the Games' soccer tournament. It was held in Queens Park and Moore Park West from 12-15 July.



One of the competing American teams at the Friendship Games

Competitors from many nations converged on Sydney for the Games, which included training camps, skills clinics and joyous opening and closing ceremonies.

The Friendship Games encourages interaction between athletes from different cultures and promotes healthy and active lifestyles through participation in friendly sporting competition.

PARKS WEEK

Healthy Parks
Healthy People



Celebrating the parks and gardens of Sydney.

Healthy Parks Healthy People presents a week-long program of

activities in Sydney's urban parks and gardens including exhibitions, displays, guided heritage tours, workshops.

Join us our special marquee at the Sydney Morning Herald Good Food Month Spring Picnic on Sunday 9 October.

Centennial Parklands will be offering free programs including the Pram-a-thon on Tuesday, 11 October and Grand Kite Day on Wednesday, 12 October. Both activities include complimentary morning tea. Details overleaf.

For the full program visit www.healthyparkshealthypeople.com.au

Sunday, 9 – Sunday, 16 October

SPORTS CAMPS



With the warm spring weather, the September-October school holidays are a perfect time to get kids outdoors to enjoy

a new sport or to practice skills in a favourite activity. Why not try one of the great sport camps and clinics on offer for kids in Centennial Parklands. Details overleaf.

OzTag Clinic
Monday, 26 September

Inline Skating Clinic
Tuesday, 4 October

Netball Clinic
Wednesday, 5 October

Tennis
Friday, 7 October

Horse Riding Camps
Tuesday, 27 September – Friday, 7 October

PLANTING FOR COLOUR AND CONTRAST



Join Centennial Parklands horticulturalists Christine Watts and Eliza Tyson in this fascinating two-hour

workshop. Discover the range of plant species and planting techniques that are used to create colour and contrast in Centennial Parklands, and can also be used in your own garden. Learn how to use flowers and foliage to create personalised floral arrangements. 9.00 am – 11.00 am. Adults \$38.00, Friends \$34.20. Includes morning tea. Meet at Centennial Parklands Café. Bookings essential (02) 9339 6699.

Sunday, 23 October

WALK TO CURE DIABETES



Walk To Cure Diabetes is the Juvenile Diabetes Research Foundation's premier fundraising campaign, raising valuable money and

awareness of juvenile (also known as type 1) diabetes. Last year the Walk attracted 80,000 people nationally and raised an amazing \$2.75 million for diabetes research. Join in this great family event and walk the 5 km circuit through Centennial Park. Some 12,000 people will enjoy the walk, entertainment, food stalls and much more. Registration from 8.30 am. Walk commences 10.00 am. Brazilian Fields. Information www.jdrf.org.au or (02) 9966 0400.

Sunday, 16 October

WILDLIFE PROGRAMS



Spring in Centennial Parklands heralds an interesting time for lovers of wildlife. Whether you enjoy watching black swans

with their cygnets, building a frog pond, photographing cockatoos or learning how to care for injured wildlife, there is something for all ages at one of the many wildlife programs on offer this season. Details overleaf.

Birdwatcher's Breakfast
Sunday, 18 September
Sunday, 6 November

Australian Wildlife Show
Thursday, 29 September

Wildlife Information Day
Sunday, 30 October

Frog Mobile
Sunday, 30 October

Wildlife Photography
Sunday, 20 November

JPMORGAN CHASE CORPORATE CHALLENGE



The JPMorgan Chase Corporate Challenge is a 5.6 km team race open to employees of

corporations, businesses and financial institutions. To be eligible, employees must be actively employed for a minimum of 25 hours per week for the three months preceding the race. Parade Grounds. Race commences 6.30 pm. Information (02) 9439 6060, 1800 100 039, jpmccc@sportingspectrum.com.au or jpmorganchasecc.com

Wednesday, 9 November

all season

DOG

Don't miss your last chance to visit DOG, the exhibition on display at the Visitor Centre until October 2005. Open Wednesdays and weekends, 10.00 am – 3.00 pm.

HORSE RIDING

For various horse riding lessons, pony leads, park rides and school holiday pony camps, please contact one of the following riding schools at the Centennial Parklands Equestrian Centre: Budapest Riding School 0419 231 931; Centennial Stables (02) 9360 5650; Eastside Riding School (02) 9360 7521; Moore Park Stables (02) 9360 8747; Papillon Riding Stables 0407 224 938.

september

9 Friday MY LITTLE PONIES



A special children's tour of the Equestrian Centre. 10.00 am – 11.00 am. Children (2-5 yrs) \$11.50, *Friends* \$10.35. Meet

Equestrian Centre Gates. Bookings essential (02) 9339 6699.

11 Sunday BLACKMORES SYDNEY MARATHON



Run over the same spectacular course as last year. All roads and vehicle gates in Centennial Park will be closed from 7.00 am – 10.30 am.

Information (02) 9310 8120 or www.sydneyrunningfestival.org

15 Tuesday MY LITTLE PONIES

See 9 September

16 Friday SPOTLIGHT PROWL

A chance to see the wild nightlife of Centennial Park. 6.15 pm – 7.15 pm. All ages \$10.00, *Friends* \$9.00. Meet Robertson Rd Gates. Bookings essential (02) 9339 6699.

18 Sunday BIRDWATCHER'S BREAKFAST

Spot some of the Parklands' birds. Includes breakfast. 7.30 am – 9.30 am. Adults \$19.00, *Friends* \$17.10. Meet Randwick Gates, Darley Rd. Bookings essential (02) 9339 6699.

20 Thursday MY LITTLE PONIES

See 9 September

26 Monday OZTAG CLINIC

Learn the skills to play OzTag in this three-hour clinic. 9.00 am – 12.00 pm. Children (6-12 yrs) \$18.50, *Friends* \$16.65. Meet Reservoir Fields, Centennial Park. Bookings essential (02) 9339 6699.

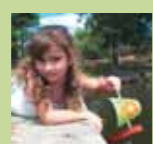
ART IN THE PARK – Pondering Lily Pond

Bring your page alive. Materials included. 10.00 am – 12.00 pm. Children (7-12 yrs) \$20.00, *Friends* \$18.00. Meet Shelter Pavilion. Bookings essential (02) 9339 6699.

27 Tuesday CENTENNIAL ARK

Join Rangers for an animal treasure hunt and create an ark. 10.00 am – 11.00 am. Children (2-5 yrs) \$9.50, *Friends* \$8.55. Meet Shelter Pavilion. Bookings essential (02) 9339 6699.

MODEL YACHT WORKSHOP



Craft a simple model yacht in this unique workshop. All materials included. 1.00 pm – 2.30 pm. Children (6-12 yrs) \$18.50, *Friends* \$16.65.

Meet Kippax Lake, Moore Park. Bookings essential (02) 9339 6699.

HORSE RIDING CAMP
Centennial Stables. From \$135.00. Information (02) 9360 5650, www.centennialstables.com.au or admin@centennialstables.com.au

HORSE RIDING CAMP
Moore Park Stables. 10.00 am – 3.00 pm. Children (5 yrs and over) \$200.00, *Friends* \$180.00. Information www.mooreparkstables.com.au or (02) 9360 8747.

HORSE RIDING CAMP
Papillon Riding Stables. Three-day camp. 9.00 am – 3.00 pm. Children (5 yrs and over) \$290.00, *Friends* \$261.00. Information 0407 070 525.

SPOTLIGHT PROWL
6.15 pm - 7.15 pm. See 16 September

28 Wednesday JUNIOR RANGERS

Conduct a habitat survey, check for wildlife and help Rangers to improve the habitat. 10.00 am – 12.00 pm. Children (6-12 yrs) \$13.00, *Friends* \$11.70. Meet Shelter Pavilion. Bookings essential (02) 9339 6699.

HORSE RIDING CAMP
Centennial Stables. See 27 September

BUSHTUCKER TIME
Take a walk with local Aboriginal woman and Guriwal guide, Deb Lennis, 2.00 pm – 3.30 pm. All ages \$18.00, *Friends* \$16.20. Meet Shelter Pavilion. Bookings essential (02) 9339 6699.

**29 Thursday
TERRI THE TURTLE**
Join Rangers to look for Terri the Turtle in all her favourite hiding spots. 10.00 am – 11.00 am. Children (2-5 yrs) \$9.50, *Friends* \$8.55, adults free. Meet Shelter Pavilion. Bookings essential (02) 9339 6699.

HORSE RIDING CAMP
Centennial Stables. See 27 September

AUSTRALIAN WILDLIFE SHOW
Get really close to live Australian animals during this amazing wildlife show. 11.30 am – 12.30 pm. All ages \$14.50, *Friends* \$13.05. Children 5 years and under must be accompanied by an adult. Meet Visitor Centre, cnr Oxford St and Lang Rd. Bookings essential (02) 9339 6699.

**30 Friday
HORSE RIDING CAMP**
Centennial Stables. See 27 September

MODEL GLIDERS
Enter the world of aviation and build your own model glider. All materials included. 10.00 am – 11.30 am. Children (6-12 yrs) \$13.50, *Friends* \$12.15. Meet Administration Building, behind the Café. Bookings essential (02) 9339 6699.

KRAZY KITES



Come along to this kite flying workshop and make your own kite. All materials included. 1.00 pm – 3.00 pm. Children (7-12 yrs) \$13.50, *Friends* \$12.15. Meet

Administration Building, behind the café. Bookings essential (02) 9339 6699.

SPOTLIGHT PROWL
6.15 pm – 7.15 pm. See 16 September

october

**1 Saturday
PONY RIDES**
See 24 September

**2 Sunday
PONY RIDES**
See 24 September

PARKLIFE 7



Features the best of electronic dance music, food stalls, rides, markets and games. Over 18s only. 12 noon – 10.00 pm. Kippax Lake, Moore Park.

Information (02) 9699 2454 or www.fuzzy.com.au

**3 Monday
PONY RIDES**
See 24 September

**4 Tuesday
INLINE SKATING**
Learn new skating skills and play games in this new clinic. 1.30 pm – 3.00 pm. All ages over 7 yrs \$22.50, *Friends* \$20.25. Meet Centennial Square, Dickens Dr, Centennial Park. Bookings essential (02) 9339 6699.

HOLIDAY TENNIS CAMP
Daily until 7 October. 9.00 am – 3.00 pm (supervision from 8.30 am – 4.00 pm). \$35.00 per day, \$110.00 for 4 days. Meet Parklands Sports Centre, cnr Lang Rd and Anzac Pde, Moore Park. Bookings essential (02) 9662 7033.

HORSE RIDING CAMP
Centennial Stables, Moore Park Stables & Papillon Riding Stables. See 27 September

**5 Wednesday
NETBALL CLINIC**
 Learn netball skills in this fun netball clinic. 9.00 am – 12.00 pm. Children (6-12 yrs) \$18.50, *Friends* \$16.65. Meet Parklands Sports Centre, netball courts, cnr Lang Rd and Anzac Pde, Moore Park. Bookings essential (02) 9339 6699.

HORSE RIDING CAMP
Centennial Stables. See 27 September

HOLIDAY TENNIS CAMP
See 4 October

SPOTLIGHT PROWL
6.30 pm - 7.30 pm. See 16 September

**6 Thursday
CENTENNIAL ARK**
See 27 September

HOLIDAY TENNIS CAMP
See 4 October

HORSE RIDING CAMP
Centennial Stables and Moore Park Stables. See 27 September

**7 Friday
TERRI THE TURTLE**
See 29 September

HORSE RIDING CAMP
Centennial Stables. See 29 September

HOLIDAY TENNIS CAMP
See 4 October

SPOTLIGHT PROWL
6.30 pm – 7.30 pm. See 16 September

**8 Saturday
PONY RIDES**
See 24 September

**9 Sunday
PARKS WEEK**
See highlights

SYDNEY MORNING HERALD GOOD FOOD MONTH SPRING PICNIC
The 2005 Sydney Morning Herald Good Food Month Spring Picnic will showcase the wares of over 50 NSW producers. Free admission. 11.00 am – 4.00 pm Brazilian Fields. Information www.smh.com.au or (02) 9282 3606.

PONY RIDES
See 24 September

**11 Tuesday
PRAM-A-THON**
The team of fitness and health professionals from PRAMfit will guide parents through a range of fun, outdoor exercises and activities. Complimentary morning tea. 10.00 am – 11.30 am. Free. Meet Centennial Parklands Café. Bookings essential (02) 9339 6699.

**12 Wednesday
GRAND KITE DAY**
Grandparents and grandchildren are invited to this kite-flying workshop. Includes complimentary morning tea. 10.00 am – 12 noon. Free. Meet Administration Building, behind the Café. Bookings essential (02) 9339 6699.

**16 Sunday
WALK TO CURE DIABETES**
See highlights

**21 Friday
MY LITTLE PONIES**
See 9 September

**23 Sunday
PLANTING FOR COLOUR AND CONTRAST**
See highlights

**30 Sunday
BUSBY'S BORE WALK**
Walk the above-ground route of Busby's Bore. See an exclusive viewing of the shaft into Busby's Bore. 10.00 am – 12 noon. Adults \$13.50, *Friends* \$12.15. Meet Robertson Rd Gates. Bookings essential (02) 9339 6699.

FROG MOBILE
Visit the Frog and Tadpole Study Group's Frog Mobile. 11.00 am – 3.00 pm. Free. Shelter Pavilion.

WILDLIFE INFORMATION DAY
Meet wildlife carers and rescuers from WIRES Eastern branch. 11.00 am – 3.00 pm. Free. Shelter Pavilion.

november

**1 Sunday
MY LITTLE PONIES**
See 9 September

**6 Sunday
BIRDWATCHER'S BREAKFAST**
See 18 September

**9 Wednesday
JPMORGAN CHASE CORPORATE CHALLENGE**
See highlights

**10 Thursday
MY LITTLE PONIES**
See 9 September

**11 Friday
SPOTLIGHT PROWL**
8.00 pm – 9.00 pm. See 16 September

**18 Friday
MY LITTLE PONIES**
See 9 September

**20 Sunday
WILDLIFE PHOTOGRAPHY**
Learn to photograph your favourite flowers, birds, vistas or landscapes. Bring camera (SLR preferred) and 2 rolls of 24-exposure film. 7.30 am – 9.30 am. Adults \$43.50, *Friends* \$39.15. Meet Administration Building, behind the Café. Finishes at Shelter Pavilion. Bookings essential (02) 9339 6699.

**27 Sunday
CAR FREE DAY**
Walk, cycle or catch public transport and enjoy the last Sunday of spring in the peaceful surroundings of Centennial Park. Accessible entry via Jervois Ave Gates. 9.00 am – 5.00 pm.

WHAT'S ON IN
Spring
2005

Visit www.cp.nsw.gov.au

for more information on individual activities.

Centennial Parklands User's Guide

QUICK GUIDE

First Aid and Emergency

24 hour Ranger service, 7 days.

0412 718 611

Administration

8.30 am-5 pm Monday-Friday. Located behind

Centennial Parklands Café. **(02) 9339 6699**

Fax: (02) 9332 2148 email: info@cp.nsw.gov.au

How to Get Here

BY BUS: Easily accessible by bus. Route 339 from city stations and 355 from Bondi Junction run regular services to Moore Park. Route 378 from Central and 380 from Circular Quay run services to Centennial Park. Phone **131 500** for timetable details.

BY CAR: Main gates to Centennial Park open sunrise to sunset. Car Free Days are held on the last Sunday in every season: February, May, August and November. A 30 km speed limit applies on all roads in Centennial Park.

Friends of Centennial Parklands

More than a group of park lovers, the *Friends* are an important association of like-minded people committed to preserving the Parklands' history, environment and culture. **(02) 9339 6699**

Community Consultative Committee

Meets approximately every six weeks. Committee members can be contacted via Centennial Parklands administration. **(02) 9339 6699** email: ccc@cp.nsw.gov.au web: www.cp.nsw.gov.au

Park Information

Information, maps and brochures are available from the Administration Building (behind the café) or the Superintendent's Residence, Wednesdays and weekends 10 am-3 pm.

FACILITIES AND AMENITIES

Centennial Parklands Restaurant

Modern Australian à la carte restaurant offering a full wine list. Open daily for breakfast and lunch. Also available for weddings and function hire. Open 7 days, 8.30 am-2.30 pm.

(02) 9360 3355

Centennial Parklands Café

Specialising in light meals and snacks, the Café offers open-air eating in its award-winning forecourt. Open 7 days, 8 am-4pm (Monday to Friday) and 8 am-4.30 pm (weekends).

(02) 9380 6922

Centennial Parklands Kiosk

Located next to Duck Pond, the Kiosk serves sandwiches, light meals, coffee, cold drinks and ice cream. Open weekends and public holidays, 8 am-sunset.

Centennial Parklands Children's Centre

Day care centre for babies to pre-schoolers.

(02) 9663 1200

Centennial Parklands Sports Centre

Tennis, basketball and netball courts available for casual or regular use. **(02) 9662 7033**



Moore Park Golf Course

Public 18-hole golf course, available to members and non-members, in the heart of the Eastern Suburbs. Includes Golf Pro Shop and one Australia's largest driving ranges.

(02) 9663 3791

BOOK A SPACE FOR PLAYING OR ENTERTAINING

Playing Fields

Playing fields in Centennial, Moore and Queens Parks are available for team sports, including cricket, soccer, hockey, rugby and touch-football. Also available is ES Marks Athletics Field featuring an international standard 400 metre running track, shot put, discus, javelin, long, high and triple jump facilities. Bookings: **(02) 9339 6699**

Centennial Square

Surrounded by trees and designed for marquees, this site caters for 50 to 1200 people. Located next to one of Centennial Park's historic ponds. Perfect for weddings, launches, events. Bookings: **(02) 9339 6699**

Centennial Parklands Restaurant

Available for weddings and function hire. Bookings: **(02) 9282 0500**

Events

Submissions from the public are welcome for activities and events that support the Parklands' cultural policy. Enquiries: **(02) 9339 6699**

Filming & Photography

Centennial Parklands offers a versatile range of locations for commercial filming and photography at competitive rates. Enquiries: **(02) 9339 6699**

THINGS TO DO

Cycling & Roller Blading

A four kilometre cycling and roller blading track follows the perimeter of Grand Drive. A Learner's Cycleway for children is also available (cycling only). Cyclists are not permitted to ride in groups of more than 16. Hire available from:

- Centennial Parklands Cycle Hire, in Centennial Park (bikes only): **0409 855 592**
- Centennial Park Cycles, Randwick (bikes & blades): **(02) 9398 5027**
- Woolys Wheels, Paddington (bikes only): **(02) 9380 6356**
- Total Skate, Woollahra (blades only): **(02) 9380 6356**

Dog Walking

Under NSW law, dogs must be held on a leash in all public areas, unless otherwise designated, and no more than four dogs can be walked by one person. Dogs with responsible owners are welcome in Centennial Parklands and can be exercised off-leash in certain areas. To find out more about areas in Centennial Parklands where off-leash dog walking is permitted, please refer to our dog brochure. For copies please phone **(02) 9339 6699** or visit www.cp.nsw.gov.au

Jogging & Walking

A 3.6 kilometre jogging track is located around Grand Drive. Self-guided walking trails are located at Lachlan Swamp and Duck Pond. Guided walks held regularly each season. Guided walks bookings: **(02) 9339 6699**

Horse Riding

Centennial Park is one of the few remaining parks in the world offering inner-city horse riding, with a 3.6 kilometre circular horse track and some two hectares of fenced equestrian grounds. Horse hire:

- Moore Park Stables: **(02) 9360 8747**
- Eastside Riding Academy: **(02) 9360 7521**
- Budapest Riding School: **0419 231 391**
- Centennial Stables: **(02) 9360 5650**
- Papillon Riding Stables: **(02) 8356 9866**

For stabling and other enquiries, please phone the Centre Manager: **(02) 9332 2809**

Picnics & BBQs

The Parklands offer unlimited picnic spots, with views of ponds, fields and gardens. There are also five free BBQ locations in Centennial Park and one in Queens Park. Access to picnic areas and BBQs operates on a first-in basis. Bookings required for groups of 50 or over. Bookings: **(02) 9339 6699**

Education and Public Programs

School excursions, holiday activities, guided tours and workshops, children's birthday parties. Enquiries: **(02) 9339 6699**

Moore Park Precinct

The Moore Park Precinct offers a variety of sport and leisure experiences. Venues in the Precinct include Fox Studios, Hordern Pavilion, Royal Hall of Industries, Sydney Cricket Ground and Aussie Stadium. For more information on events and activities visit www.mooreparkprecinct.com.au



Locked Bag 15
PADDINGTON NSW 2021
Tel: (02) 9339 6699 Fax: (02) 9332 2148
www.cp.nsw.gov.au
email: info@cp.nsw.gov.au