

# CENTENNIAL PARKLANDS NATURE PLAY

## Make a cubby house

Construct your own shelter using natural materials!

#### What you need:

Three Y-sticks, smaller sticks, leaves, grass, anything on the ground

#### Let's get building!

- 1. Lock two Y-sticks together. Y-sticks are sticks that have a fork at one end and look like the letter Y!
- 2. Interlock the third longer Y-stick (the spine) into the two Y-sticks from step one to make a frame. You can also use a long straight stick for the spine instead of a Y-stick
- 3. Enclose the frame with other sticks (ribs) leaning from the spine to the ground making sure you leave an opening to the shelter
- 4. Weave in or lay over natural materials to enclose the sides like grass, leaves, branches, pinecones, etc.
- 5. Play in and around your cubby this is best part!

### Watch this video to Learn how to build a cubby!

#### Safety first!

- Check that your frame is sturdy, so it does not collapse while building or playing in
- If you have built your shelter in a public place, always deconstruct it before you leave
- Always get your natural shelter materials from the ground, never from a living plant



You can build a cubby inside too! Use blankets, pillows, sheets, etc.



