

1. TRAINING PROTOCOL

Centennial Park and Moore Park Trust (“the Trust”) has developed the Training Protocol to assist hirers of ES Marks Athletics Field (“the Field”) to operate safely while using the venue.

The Field is a multi-purpose venue and as such there are many different groups that use it throughout the year. The Trust makes every effort to accommodate the needs of all groups however to do so, we need your help.

This Protocol contains both general and sport-specific obligations for you to adhere to.

Please take time to read this Protocol and apply its conditions while training at the Field.

Your adherence to this Protocol is a contractual condition of hire for the organisation responsible for booking the Field whilst you use it.

A failure to follow this Protocol may constitute a breach of their conditions of hire and so it is important you take this Protocol seriously.

The Trust reserves the right to exclude from entry any person who breaches this protocol.

Thank you in anticipation.

On behalf of
Centennial Park and Moore Park Trust

IN GENERAL

Respect Other Users

Respect the well being and possessions of other athletes.

Follow Instructions

Follow any instructions given by the Trust or its representatives. This might be from a Parklands Security Ranger or Facility Attendant, or from signage posted around the Field.

Follow any instructions also given by the representative responsible for hiring the venue.

Training Times

Adhere to the training times designated. (i.e. if your training starts at 5pm, start at 5pm, not at 4.45pm).

Incident Reporting

Report any incidents or potential incidents – You are the Trust’s eyes and ears. If you are involved in an incident or a witness to one, then we need to know about it. By monitoring accidents and incidents the Trust is able to improve the standard of safety for everyone.

There will always be a person in charge while you are training at the Field. Please report any incidents to that person ASAP.

Hazard Reporting

Damaged equipment can create safety hazards or affect the operation of the venue. All hazards observed should be reported to the Trust ASAP.

First Aid

There will always be a first aid qualified person available to assist you should you receive an injury. They will be either from the hiring organisation or the Trust. If in need of first aid ask the person in charge.

Coach Qualifications

All people providing coaching at the Field must be either an accredited coach or be working under the DIRECT supervision of an accredited coach. Coaching accreditation must be recognised under the National Coaching Accreditation Scheme implemented by the Australian Coaching Council. All coaches must be nominated at the time of hire and show proof of insurance. Any individual coach wishing to provide coaching and not nominated under a hire agreement must apply for permission.

Parking

Parking Permits may be issued to the hirer to limit vehicle movements within ES Marks Field. This permit system is enforceable by law and fines will be issued for offending vehicles.

Authorised Hirers

Athletes are not permitted to use the venue without a booking, or as a legitimate fee paying casual hirer.

Obstructing Other Athletes

Care should be taken when training as to not obstruct other athletes.

Do not walk on the track or runway without looking both ways to check that an event is not being conducted or athlete is approaching at speed.

Conflicts between Hirers

Any conflict between hirers regarding bookings or ground hire should be reported to the Facility Attendant, the Trust Security Ranger or Recreational Services Officer.

SPORT SPECIFIC

Athletics Field Events

Throwing

Throwing events are inherently dangerous. To minimise the risk of personal injury the Trust has adopted very strict policies regarding undertaking throwing activities at the Field.

Shot Put

The throwing of shot Put is restricted to the practice throwing circles located outside the running track at the northern end of the Field.

Javelin and Discus

Apart from allocated training times, the throwing of javelins or discus, during training periods when the venue is shared is not permitted. While track and field athletes might be aware of the risks posed by wandering on to the in-field, athletes from other sports may not. A person being struck by javelin or discus could potentially be fatal.

The throwing of javelins and discus for training is however permitted under strict supervision by a qualified safety officer when the Field is booked only for athletics training or competition.

During training javelin is restricted to the southern throwing sector (please see attached map).

Hammer Throw

The throwing of hammer at the Field is prohibited at all times.

Sprinting

On occasions groups will hire the in-field during periods of non-exclusive use. When sprint training along the eastern straight occurs at that time, there exists a risk of collision between athletes. As such, the Trust will impose some restrictive conditions upon these bookings to mitigate the risk. This may include directing sprint training to the western straight or refusing the availability of the venue to sprint training during in-field use.

Rugby League – Rugby Union - Soccer

At certain times ES Marks Field experiences heavy use by many groups simultaneously. In the past, this has created situations where the activities of one user group, can create safety concerns for another.

In particular, the accessibility of the in-field from the Eastern Change rooms during periods when athletes train along the eastern 100m straight. As a result, some restrictions have been adopted to protect you and other athletes during such periods of heavy and / or non-exclusive use.

These include:

- Restricting the use of the eastern 100m straight during in-field training, or
- Restricting in-field use during periods of sprint training.

You will be notified of these restrictions through signage or by someone in charge from the Trust or the Hirer. Please observe these restrictions.